



"Back to Bungonia" NSW Rogaining Championships 2001

27 / 28 October 2001



Read this !

INSTRUCTIONS FOR COMPETITORS

Thank you for entering the NSW Rogaining Championships 2001.

This information is sent to team leaders only. Team leaders, please pass this information on to all team members.

The event is being held in Bungonia State Recreation Area, Morton National Park and adjoining grazing properties, near the village of Bungonia in the Southern Highlands.

"Back to Bungonia" The area overlaps with that used for the first NSW Rogaining Championships, in August 1984. That event was combined with the Australian Rogaining Championships for 1984. 17 years on and this remains some of the best rogaining country so far discovered in NSW.

How to get there:

From Sydney to Bungonia village Take the Hume Highway through Marulan (1½ hours from Sydney). Pass the BP roadhouse; after 2km, turn left then immediately right, signposted Bungonia. After 14km, turn left at a T intersection. Cross Bungonia Creek and follow the road around to the right into the village of Bungonia...

From Canberra to Bungonia village Take Hume Highway, exiting at Goulburn. In Goulburn, follow signs for Bungonia State Recreation Area (turn right in Goulburn, left after 1km, and left again after another 3km). Bungonia village is reached 26 km from Goulburn...

From Bungonia village to the hash house ...then take the third street on the left (not the street marked Bungonia SRA, but the next one). This is Goderich St, opposite the Rural Fire Service, and this becomes Inverary Road (unsealed). Follow this road 4km to Maxwell Park, the second of two entrances on the outside of a right hand bend. Follow signs 2km to the Hash House. If any gates are closed, please close them again behind you.

Registration will open at 9.00am on Saturday. To receive your maps you must bring to registration (a) the enclosed Indemnity Form, signed by all team members, and (b) the enclosed control card. Please weather-proof your card with clear contact or a plastic bag. If you are a new or renewing member please complete the enclosed membership form and hand it in at the registration desk.

The course It is a scenic area bounded on the east side by the deep gorge of the Shoalhaven River. A number of tributary creeks incise the area. There is some open grazing land, but most of the map is eucalypt forest and relatively free from scrub. The map is premarked, 1:25,000 scale with 10m contours, printed on a single sheet (50 × 60 cm). The Hash House is at an elevation of about 600m, in an open paddock.

Events 24 and 12 hour events start at noon Saturday and finish exactly 24 hours later. Due to the change to Daylight Saving, the event will finish at 1pm Sunday. 12 hour entrants must not spend more than 12 hours on the course during the event, but are free to choose how to split their time between course and Hash House. Only those entered in the 24 hour are eligible for the Championship.

Water Please bring plenty of water for your own requirements. If you can bring extra to help supply the hash house, please do so. The local landowner has a limited supply and we do not wish to deplete it unduly just before the summer. There will be water stations provided on the course.

Weather Please come well prepared for all possibilities.

Camping is available at the hash house from Friday to Monday. Note that no fires are allowed in the camping area (or on the course) except the one provided at the hash house. There will be portable toilets.

Hash house: food and refreshments at the hash house from 5pm Saturday until 1 hour after the finish on Sunday.
"Feed the Hungry" The hash house is provided by folk from Sutherland Anglican Church in aid of TEAR Fund famine relief projects in the developing world.

What to bring

- At the Hash House:
- plastic map bag or clear contact to protect map (50 × 60 cm)
 - Indemnity Form
 - pens, scissors, etc
 - camping gear
 - please bring plenty of water
 - Control Card
 - your own cutlery, mug and plate
 - change of clothes
- On the course:
- each team member **must** carry a whistle and a first aid kit including a snake bite bandage (hospital crepe bandage)
 - compass
 - sun hat
 - gaiters or other leg covering
 - at least 2 litres of water per person
 - watch
 - sunscreen
 - food
 - wet weather gear and warm clothes

Note: Mobile phones do not operate at the hash-house. Reception is possible on nearby hills and high ground on the course.

- Rules:* A reminder about some important rules designed for your safety and for the fairness of the competition:
- Team members must remain within earshot of each other at all times.
 - All team members must get to within 20 metres of, and within sight of, each checkpoint visited.
 - GPS devices and Altimeters are prohibited on the course (including altimeters built into watches)
- (Copies of the complete set of rules of rogaining are enclosed).

The Bus from Sydney

A bus has been arranged to pick up competitors on Saturday morning, 7.00am at Epping and 7.30am at Strathfield railway stations. It will return soon after the finish on Sunday afternoon. If you did not book the bus on the entry form but would like to catch it, please contact Paul Batten to check for availability of seats. If you did book the bus but no longer plan to catch it, please contact Paul so your seat can be made available to someone else. Paul Batten: 0403 176 716 or pbatten@laurel.ocs.mq.edu.au.

T-shirts: Pre-ordered T-shirts should be collected from Registration.

Novices Welcome to your first event! If you are at all unsure about how this wonderful sport works, please do not hesitate to ask. The organisers will be happy to provide advice on navigation, route choice, etc. and we suggest that, if you would like help in this respect, you remain behind for a few minutes after the start of the event and we will give you some tips.

Post-event BBQ and social get-together (courtesy of Macquarie University Bushwalking Club)

Date and time: 2nd November, 6.30pm for 7pm, drop-bys okay to 9pm
Food and drink: BBQ, meat provided, please bring salad; soft drinks \$1, beer and wine \$2 donation
Location: Macquarie University sports fields pavilion, end of Culloden Rd, Marsfield
Bring your maps, perhaps with your course marked. Bring your stories too.
Please indicate when you register at the event if you expect to attend the BBQ.

Further information from event co-ordinator: Mike Hotchkis 4294 1363

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