16 th Annual Lake Macquarie Rogaine 18 August 2007

6 & 12 hour Events

The Lake Macquarie Rogaine will once again be held in the Watagan Mountains as part of the Lake Macquarie Games and supported by the Lake Macquarie City Council
The Watagan Mountain is west of Australia's largest coastal salt water lake and with the location for this years event being north of the area known as The Pines it is only two hours north of Sydney. The area to be used will mostly be in the Watagan National Park with beautiful rainforest, pristine creeks, friendly fauna and an extensive track network to allow competitors the option of avoiding some of the navigation through dense vegetation.

Map: 1:25000 pre marked maps

When: Both events will commence with a mass start at 12 midday Saturday 18 August

Hash House: The hash house will operate from 5pm Saturday until 1am Sunday. Camping is available at the area and competitors in the 12 hour event are encouraged to camp overnight to reduce the chances of fatigue induced car accidents on the way home. Breakfast will be provided on Sunday morning.

Who can Enter: Anyone, although you must be a member of an Australian Rogaining Association. If you are not please include the membership fee with your entry.

Teams: A team may consist of 2 to 5 people.

Team Categories: Men, Women and Mixed categories are available in Open, Junior (14 – 17 yrs) Veteran (40yrs +), Superveterans (55yrs +). A Novice category (first rogaine for all team members) and Family category (team members must all belong to the one family and have at least one parent or grandparent and one child under 18yrs of age on the first day of competition.. Any team with a child under 14yrs must also have an adult in the team.

Entry Fee: \$60 adult, \$45 student, unemployed or pensioner, maximum for a family \$130 For fee purposes a family is defined as: One or two adults plus any number of dependant children each of whom looks to one or both of the adults as a parent and who all live at the same address.

• Entries postmarked after 3 August will incur a late penalty of \$10 per person. **Entries close 10 August.**

Complete the entry form overleaf and make cheque or money order payable to NSW Rogaining Association

Detailed Event Information: Detailed event information will be posted in the week leading up to the event to those who indicate this preference on the entry form and provide a stamp self addressed envelope, business size (DL 110 x 220mm). For those who indicate that they will download the event information it will be available in the week leading up to the event from the web site.

Enquiries: Bob Gilbert ph 02 49521967 Fax 02 49576049

Email bgilbert@hunterlink.net.au

For further information Bob Gilbert 02 495219	LAKE MACQUARIE ROGAINE ENTRY FORM 18 AUGUST 2007								Team Number:							
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Full Name (First name is team con	ntact)	Email						Gender, Novice		M'ship Status *	M'ship	News- letter	Event	Late	Total	I
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* NSWRA Membershi C = Current, R = R	p Status enewing	 g, N = New,	$O = Oth \epsilon$	er Australian St	ate				\ \	^ ^ s above	State ^ if not NSW	Grand T	otal \$			
Event Duration? 6								How to receive Instructions?				Please mail to me. I have enclosed a DL SAE				
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		L	ite Fees	apply after **	3 Aug **.		The	e Closin	g Date	for entries	is ** 10 Auş	gust **				
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		Dutt	rees apply after 5					
Fees	Adult	Concession	Family					
Event Entry	\$60	\$45	\$130 (max)					
Late	\$10 per p Aug **.	\$10 per person for entries postmarked after ** 3 Aug **.						
Membership	\$10 per p	\$10 per person						
Newsletter	\$10 per subscription.							

Explanatory Notes
For an explanation of terms such as 'Family' or 'Novice' visit the "About Events" section of the NSWRA web site. Our refund policy can also be found there.
If you do not have web access, phone the contact person for this event.

Bob Gilbert

17 De Guerry Ave Rankin Park NSW 2287

- Be sure to include ALL fees with this entry.
 Please make cheques / money orders payable to the "New South Wales Rogaining Association".
 Please include a membership form for each person making membership payments on this form.