

2011 Socialgaine
Sunday 20th November 2011

“Snakes and Ladders, Swings and Roundabouts”

Pre-Event Information Sheet

Location:

The Hash House (the start & the finish) is at **Kambora Public School, Woolrych Crescent, Davidson.**

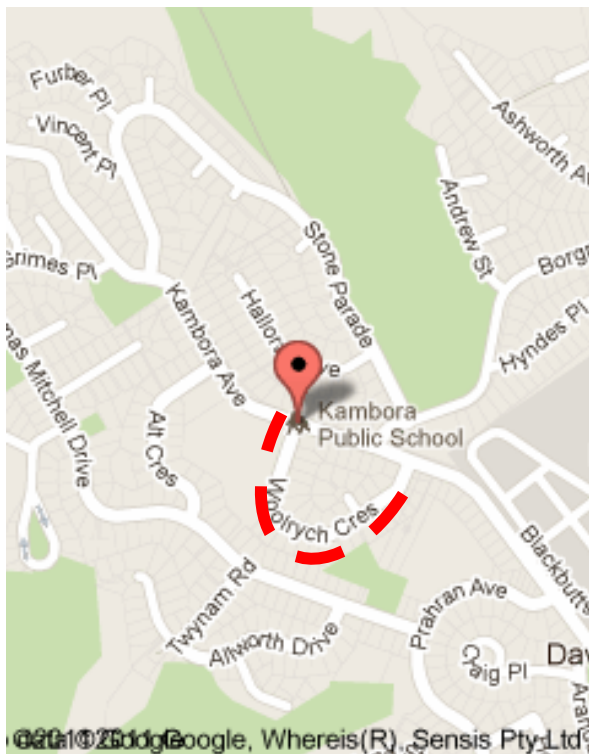


Figure 1 - From Blackbutts Road to Kambora School (no parking in Woolrych Crescent!)

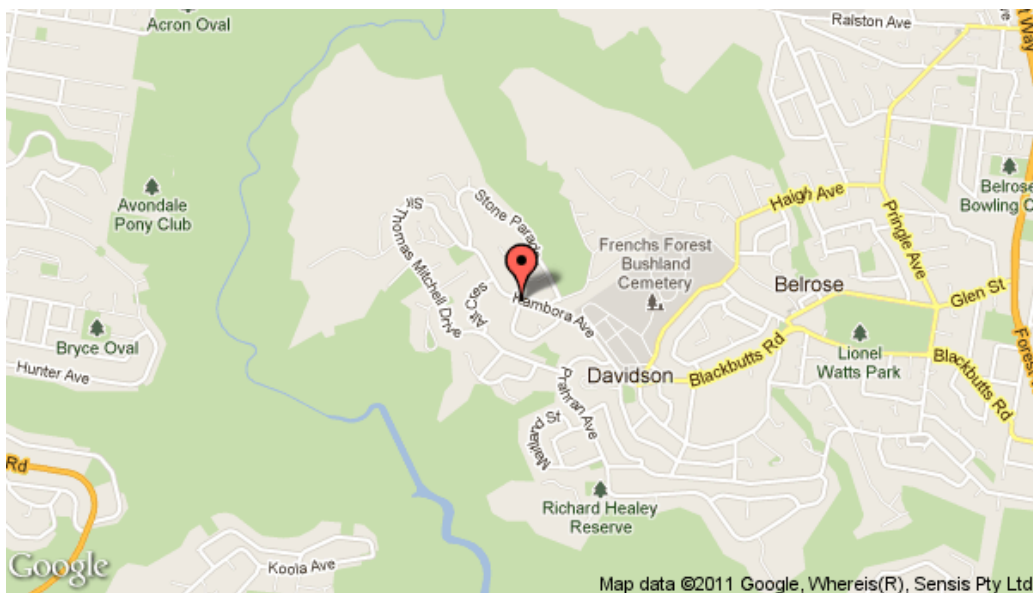


Figure 2 - From Forest Way to Blackbutts Road

Event Timetable

Registration opens: 7.45 am

Novices briefing: 9.05 am

General briefing: 9.15 am

Event starts: 9.30 am

Event finish time: 3.30 pm

Results/presentations by 4.15 pm

Main access routes

- ❖ From CBD and South: Over Roseville Bridge and left into Forest Way
 - ❖ *Note:* Boundary Road is closed until 8:00am Sunday for road/rail/bridge works.
 - ❖ Check RailCorp: http://www.railcorp.info/community/boundary_street

- ❖ Northern beaches: Warringah Road to Forest Way
- ❖ From west/northern Sydney: Mona Vale Road and right into Forest Way
 - ❖ From Forest Way turn into Adams Street (Blackbutts Road) or Glen Street and follow to Kambora Road

- ❖ Public transport is limited to the start. However buses run to Forest Way.
 - ❖ See the Sydney Buses web site www.sydneybuses.info

 - ❖ 190 bus from Wynyard station to Dee Why then 136 to Forest Way.
First bus leaves 5.39am and arrives 6.50am
 - ❖ 284 (Forest Coach Lines) from Chatswood Station then 136 bus to Forest Way.
Leaves 7.34am and arrives 7.53am
 - ❖ From Forest Way (near Warringah Road) it is a 4km walk along Blackbutts Road to the Hash House
 - ❖ For the return journey buses leave from Kambora Road
 - The 281 bus runs from Kambora to Chatswood Station
 - The 282 bus runs from Kambora to Forest Way.

- ❖ It is highly recommended that if at all possible please share cars, even if you just park & car-pool from a short distance from the site to try to minimise congestion on the streets surrounding the school.

Parking Instructions

***Note:* All parking for the event is on-street parking.**

THERE IS STRICTLY NO PARKING IN WOOLRYCH CRESCENT.

THIS IS A CONDITION OF USE OF THE SCHOOL.

Please do not make excessive noise or disturb the residents

Please Bring the Following Items and Equipment:

- Registration
 - ❖ Completed indemnity form signed by the whole team – to be handed in at registration to receive map and question sheet
 - ❖ Any outstanding payments.

- Event equipment
 - ❖ Water bottle/pack – with it being an urban event, there is access to water in parks & reserves (marked on map). However there is no water on the bush tracks so we recommend at least 2 litres per person be carried. Some route selections may have infrequent access to water.
Water from the creeks should not be drunk.
 - ❖ Food – also available en route at local shops & cafes
 - ❖ Texta and pens to mark map and complete control/answer card
 - ❖ Basic first aid kit (including a heavy crepe bandage)
 - ❖ A whistle in case of emergency
 - ❖ Mobile phone for emergency calls
 - ❖ Suitable clothing for forecast weather, but you should bring hat and suncream
 - ❖ Map case or clear stick-on lamination to protect map (it is not on waterproof paper)
 - ❖ Plastic bag/A4 sleeves to protect question sheets
 - ❖ A compass may help orientation when on the bush tracks

- Post-event
 - ❖ Plate, mug & cutlery – please remember to bring these to the Hash House prior to the event so that you don't need to go get them afterwards and to thereby saving some precious energy and helping to reduce the waste from the event
 - ❖ Rug and/or table/chairs – unless you like sitting on asphalt – (also for pre-event)
 - ❖ Change of clothes (?!).

You will receive:

- ❖ A3 map of Garigal National Park with a dazzling array of possible controls and point combinations!
- ❖ Course setters notes (on the back of the map)
- ❖ Clue/Questions Sheet and a control card to record your multiple choice answer
- ❖ Food and drink after event.

Delicious “social” catering after the event will be provided by Waitara Scouts. In the time honored tradition of Rogaine events please bring your own plates, mug and cutlery.

Burning questions:

- ❖ If you have a question or problem that can't wait until Sunday please contact the organisers, Warwick Selby or Neil Hawthorne, contact details on the Socialgaine webpage <http://www.nswrogaining.org>



New South Wales Rogaining Association Inc.

ABN 15 314 080 648

DISCLAIMER / WAIVER

| | | |
|---------------|------------------|-------------------|
| Event: | Team No.: | Car Rego.: |
|---------------|------------------|-------------------|

We acknowledge that the Australian Rogaining Association Inc (ARA), with whom the organising body for this event (NSW Rogaining Association) is affiliated, holds Public Liability Insurance to the value of \$20 million in respect of all rogaining events conducted by ARA affiliated bodies. This insurance covers: organisers, landowners and other third parties for any damage caused by the organisers of, or participants in, any rogaining event in connection with that event. We also acknowledge that the ARA does not hold any Personal Accident Insurance in respect of participants in rogaining events conducted by ARA affiliated bodies. We accept that any personal accident cover required is our responsibility and entirely at our discretion.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The NSW Rogaining Association (NSWRA) requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk. The NSWRA does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

- a) The participant agrees to discharge and release the NSWRA, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation - directly or indirectly - in this event.
- b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the NSWRA or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the NSWRA for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the NSWRA, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

| Participant Name (Please print clearly) | Participant Signature | Date |
|---|-----------------------|------|
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This section to be completed by a responsible adult where participant is under 18 years of age. If more than one responsible adult signing please photocopy & submit separate forms.

Name(s) of junior participant(s): _____

I acknowledge the risks of rogaining as described above and agree to indemnify the NSWRA for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

Relationship to participant (please delete whichever does not apply): Parent / Guardian / Other _____

| Name (Please print clearly) | Signature | Date |
|-----------------------------|-----------|------|
| | | |

NOTE: This is a legal document. You should seek legal advice before signing if you do not fully understand the meaning and effect of this document. If you do not accept these conditions of entry you will be unable to participate. Version: Sep. 2008