N.S. W. ROGAINING ASSOCIATION

(24 HOUR CROSS COUNTRY NAVIGATION)

N.S.W.R.A. Newsletter Volume 4, Number 6 JULY, 1985

ANNUAL GENERAL MEETING

If you did not attend the A.G.M.(174 of our currently financial members didn't) then you missed a pleasant evening, complete with carrot cake and other munchies, at Andrew Lumsden's residence. Well, there's always next year.

The meeting was held on the 15th of June, 1985 and was a fruitful one. Many issues were dealt with.

OFFICE BEARERS FOR 1985/86

President : Ian Dempsey, 5 Richley St., Kahibah. (049) 435790

Vice President : Peter Tuft, 6 The Comenarra P'way, Pymble (02) 441325

Secretary : Dianne van Netten, 42 Charles St., Edgeworth (049) 595935

Treasurer : Dianne van Netten, 42 Charles St., Edgeworth (049) 595935

Newsletter Editor : Dianne van Netten, 42 Charles St., Edgeworth (049) 595935

A.R.A. Delegate : Bert van Netten, 42 Charles St., Edgeworth (049) 595935

Committee Members : John Weir, Andrew Lumsden, Peter Tuft, Robyn Tuft,

Ian Dempsey, Bert van Netten, Dianne van Netten,

Andrew Blakers.

SUMMARY OF GENERAL BUSINESS

Annual Subscription Fee

It was decided to raise the fee to \$5.00, per year, to be payable on the lst of July, each year. This is a necessary move due to the cost of newsletter production, as well as the levy payable to the A.R.A. for each financial member.

Insurance Policies

Ian is currently looking into Public Liability Insurance and the possibility of the NSWRA becoming incorporated.

1986 Event Programme

At this stage plans are preliminary. Every effort will be made to hold events on full moons.

1987 Australian Championships

It has been suggested that the 1987 Australian Championships be held by either N.S.W. or A.C.T. (or maybe a combined effort).

Protest Rules

It was decided that the present guidelines are vague and should be made clearer. This is being worked on.

Rogaining Package

Plans are under way regarding the compilation of a rogaining package which will contain information and advice useful to individuals new (or old) at rogaine organisation. It will include advice regarding venue selection, course setting, catering, administration, fird aid etc.

Dempsey's Dialogue

With the association now into its third year, as members we all have much to be proud of. The primary reason for the formation of the association in 1983 was to ensure that rogaines in N.S.W. are held on a regular basis. This has been largely achieved - we're averaging two events each year. In addition, the standard of these events continues at a high level.

If one looks to the future, however, there are a number of things that are required to be done in the next few years. Firstly, the number of events we stage each year needs to be increased. A more regular timetable of rogaines will give us all the opportunity to get together more often, and will assist in attracting new rogainers.

We can achieve this by offering to help organise a rogaine. The work is not onerous or difficult; you simply need to allocate yourself sufficient time to do the job. Here, a team of helpers will make the task easier.

The association is currently developing a package that will be of assistance to potential organisers. Contact Dianne van Netten for details.

Our second short-term need is for increased publicity. Currently, we are covering the orienteering and bushwalking areas reasonably well. We need, however, to spread the word to other potentially interested groups (e.g. Scouts, Army). You may have contacts in these and other organisations. If so, please get in touch with our secretary, Dianne, so we can coordinate our efforts in the future.

Finally, on behalf of the association, I'd like to thank you all for your support over the past two years. You have shown that rogaining has a sound future in N.S.W.

Ian Dempsey.

How he dreaded the approach of the full moon. It was the full ness of the moon which stirred a frightening urge within his being.

He knew he would lose control and commit shameful, regrettable deeds.



Because when the moon was full he became a

ROGAINER !



(From V.R.A. Newsletter)

1985 N.S.W. Rogaining Championships

Bert, Ian and myself spent many pleasant days trapsing around Howes Valley, meeting Landowners and preparing for the championship event held on the weekend of the 25/26th of May.

A lot of work went into organising the event however the positive feedback which we received from competitors made it all worthwhile. We found the

competitors to be friendly and very co-operative. Bert, Ian and myself are only too pleased to be involved in rogaine organisation as long as the competitors are of the calibre that they were at the Howes Valley rogaine.

A special note of thanks goes to Jack van Netten and Michael Schofield. Jack and Michael efficiently handled most of the administration.

Thanks again to all the rogainers who completed and helped make the event the success that it was.

1985 N.S.W. Rogaining Championships - RESULTS

Points	Section	Team No.	Members
1060	М	12	Andrew Blakers, Adrian Spragg.
990	M/V	22	Frank Anderson, Keith Guthrie.
780	M	24	Terry McCullagh, Jim Truscott.
610	М	13	Peter Tuft, David Sanders, Peter Pavlov, Reddol Leslie.
500	J/X	21	Jennifer Anderson, Gavin Britton.
480	J	35	Tim Johnson, Andrew Stewart, John Weir.
470	x	19	Garry Claridge, Shelly de Coureg Lys.
440	X	1	Geoff and Liz Morley.
380	J	25	S. Yurik, J. Bailey.
370	M	4	Terry Sharp, Mark Manton, Paul Russell.
350	М	31	Andrew Lumsden, Andrew Aitken, Warwick Marsden.
340	M	18	Stephan Wagner, Ron O'Connor.
340	M	26	Peter Wheery, Richard Chapman.
330	V/X	16	Geoff Connor, Noelene Shepherd.
300	M	30	R. Robinson, B. Cooper.
280	X	3	Hugh and Robyn Cameron.
270	x	33	Bob and Pam Montgomery.
270	W	14	Robus Tuft Poedta Sandawa Name to a
230	W	2	Robyn Tuft, Rosita Sanders, Mary-Anne Barnes Mary Myerscough, Netta Holmes.
230	M	23	A Fern P Edwards V Describer C P
220	M	32	A. Fern, P. Edwards, V. Donnelly, S. Pope. Simon Fountain, Martin Royds.
210	W	34	Lisa Harvey, Jenny Cahill.
210	M	8	Darren Cashrack M Mana-1: n
200	J	29	Darren Seabrook, M. McDonald, Burroughs. Martin Weir, Gavin Mayne.
190	J	37	Stephen Carrick, Peter Dinga.
190	x	27	Peter Cooke, Vireena Rowe.
180	м	28	B. Simmons, G. Mitchell.
170	M	17	Dave Treland Pohone Thomas
160	M	5	Dave Ireland, Robert Thwaites.
140	М	7	John Waddell, Mark Farrawell, David Miles. Gordon Johnson, P. McGarry, N. Flores, Wooster.
110	J	11	Brian Bigelow, Paul Emerton, Terry Atkinson.
100	J	9	D. Difford, Craig Afflick, J. Gale.
60	x	20	Wendy Davies, Terry Collins.
30	M	6	Reg Smith, G. Hall, Wardel, Young.

Now for some words from one of our winners!

Some 90 people were present for the 12 noon start of the 24 hour event from the Howes Valley Community Hall, about 50km south of Singleton on the Putty Road. Starters included representatives from Newcastle, Sydney, Central Coast and Singleton.

The light rain that heralded the briefing session desisted within 20 minutes

of the start, never to return. The 40 checkpoints were evenly spread over the Howes Valley 1:25,000 map. After briefing session corrections we found the checkpoints to be accurately placed. The use of 6 figure references (rather than 8) was justified by the straightforward placing of checkpoints 'on' (rather than just 'off') landmarks.

The leading open teams commenced a clockwise circuit from the south. We made use of unmarked firetrails that we (more often than not) correctly hypothesised along property boundaries. Too frequent burning off by landholders had denuded the eucalypt forest of valuable leaf and ground litter, but made for open going. Broken clifflines and the quarter moon made torches essential at night.

By contrast, we found the eastern side of the Putty Road so densely vegetated that creeks often afforded the most feasible routes. Our collection rate dropped dramatically, so we counted ourselves fortunate to have concentrated on the western side. We walked consistently except for the last l^{1}_{2} hours when we were obliged to jog back to the hashhouse.

The hashhouse operated efficiently through the night, and the fame of the hot soup spread far and wide - to the envy of this team which ate sandwiches, nuts and baked potatoes consistently over the 24 hours.

It is interesting to note the alternative strategies chosen by the leading teams, with only a small resulting margin. We travelled with full supplies (dolphin torch plus 2 heavy duty batteries each, food for 24 hours, water, waterproofs, pullovers, 1st aid kit, loo paper) and relied on picking up outlying high scoring checkpoints. Another team, fit and experienced orienteerers, travelled extremely light with little to no food and water and returned to the hashhouse for an hour. Both teams made navigational blues about dawn when blood sugar levels were at their lowest ebb.

We are of the opinion that safety dictates a minimum of waterproof and warm clothing be carried. We will continue to be 100% self sufficient so long as checkpoints are scored according to their distance from the hashhouse, effectively penalising those who do return.

My only regret is that in not coming in through the event, we missed out on the bonhomie and cameradie engendered by rogaining. Thankyou Ian, Bert and Dianne for all your work in setting and running a successful event!

Adrian Spragg

LOST PROPERTY

The usual items were left behind at the N.S.W. Championships. These include:
yellow dolphin torch green water bottle
compass black jacket

Please contact me if you can lay claim to any of these articles.









BICYCLE AUSTRALIA

Bicycle Australia is a non-profit association of bicyclists dedicated to developing and promoting a network of rural bicycle trails and of long distance bicycle touring in general. It organises a series of graded rides to introduce people to bicycle touring and bicycle riding in general, and has available guides to trails throughout Australia.

SOUTHERN HIGHLANDS WINTER RIDE

A FULLY SUPPORTED RIDE

around Fitzroy Falls
Bank Holiday long weekend.

Saturday 3rd to Monday 5th August, Ride Fee of \$90 includes:

- Accommodation in heated rooms at Fitzroy Falls Conference Centre
- * All meals * Log Fires
- * Support Vehicle for all luggage
- * Route Instructions and Tail-End Rider for assistance
- Daily distances of 50 kilometres with optional longer routes.



SOUTHERN CROSS TRAIL

A FULLY SUPPORTED RIDE from Cootamundra & Gundagai to Albury/Wodonga

From Saturday 23rd November to Sunday 1st December 1985

Ride Fee of \$250 includes: * All Meals, * Support Vehicle for luggage and gear, * Route Instructions and Maps, * Total distance of 386 kilometres.

Links with Great Victorian Bike Ride.

THE 4 RIVERS RIDE A Fully Supported Ride in the Hunter Valley

Saturday 5th to Monday 7th October, Labour Day long weekend.

Ride Fee of \$70 includes:

- Accommodation in local halls
- Support Vehicle for all luggage
- All evening meals and breakfasts
- Route Instructions and Tail-End Ride for assistance
- Daily distances of 65 kilometres with optional 85 kms route.

PO Box K499 HAYMARKET 2000 or ring (02) 264 2521

Rogaining in the A.C.T.

The following results were achieved by competitors in Phil Creaser's 6 hour event on the 21st of April held in the Camberra Hills and Parks.

		Points		Points
	P. Rand, H. Moore	36	W. Deck, P. Deck	19
	D. Booth, J. Stanhope	32	9. R. Leslie, A. Layland	18
٥.	P. Kinney, G. Downey	30	10. L. Corleone, G. Thomas	17
	B. Trewin, D. Field	30	 K. Osborn, V. Selvarajahv 	15
	G. Moon, I. Johnson	29	12. A. Calder, G. Lawford	14
6.	M. Warlters, D. Baker	26	13. W. Gregson, P. Quayle	10
7.	P. Frylink, B. Harvey	19	14. A. McDonald, K. McDonald	8
			15. A. Watson, D. Erbacher	-15

T. Hughes, T. O'Halloran (voluntarily disqualified)

Rogaining in Victoria

While here in N.S.W. we more than hold our own in terms of event standards, a trip to Victoria can be a real eye opener.

Rogaining began there some 10 years ago, and has developed into one of the fastest growing sports in Victoria. Entries at some events have had to be limited because of their popularity. Nearly 500 competitors and over 200 teams are not uncommon at major events.

Probably the major factors against many people from N.S.W. competing in Victorian rogaines, is the distance and expense involved in getting there. However, there are a number of reasons why you should consider a trip to Victoria to see how its done south of the border. Consider the following:

Bert and Dianne van Netten, and myself, flew to Melbourne (\$160 return, East-West), for the Australian Rogaining Championships in May. On arrival at the airport, we were collected and driven to the event by a V.R.A. member. After the event, we were driven back to Melbourne. Stayed at a member's home overnight, and then taken to the airport the following morning. In addition, our entry fees were waived for the event.

V.R.A. members are more than happy to assist interstate rogainers with transport and billets. I'd hope we can reciprocate here in N.S.W. in the future.

Those of you considering travelling to Victoria for a rogaine should get in touch with Dianne van Netten (049) 595935 to establish contact with the V.R.A.

Ian Dempsey

Coming Events

1) 4th August

<u>Place</u>: North side of Armidale - Grafton Road, 55km from Armidale, between the 125 km marker and Sandy Creek.

Time: 10.00 a.m. mass start.

Map: Maiden Creek 1:25000 topographic map. You must supply your own map or lodge an entry with the organisers by the 21st July.

Course: 6 hour score event.

Organisers: Graeme Cooper (723584) and Kevin Smith (722602).

- 28th September
 A.C.T. 12 Hour Champsionships. (See entry form at end of newsletter).
- 3) 26th October Central Tablelands 12 Hour Rogaine (See entry form at end of newsletter). (N.B. Camping space will be available).

It's a Matter of Money

Are you financial? If not, a cross will appear in the box.

NOW TO CONFUSE YOU

If you become unfinancial before the 31st of December 1985 then you are required to pay \$2.00.

If you become unfinancial after the 31st of December, then you are not required to pay a subscription fee until the 1st of July, 1986.

The new fee is \$5.00 as of July 1st, 1986. In other words, everybody becomes unfinancial on the 30th of June, 1986.