N.S. W. ROGAINING ASSOCIATION

(24 HOUR CROSS COUNTRY NAVIGATION)

N.S.W.R.A. NEWSLETTER Vol. 6, No: 7. January, 1986.

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DEMPSEY'S DIALOGUE

"The time has come," the Walrus said, "to speak of other things". That's right. It's time to brush those Yuletide cobwebs away, and to feel guilty about the amount of Christmas pudding consumed. In short, it's now time to reflect on matters of much more serious import - namely, the coming rogaining season.

Our first event for the year (and being held a little earlier than usual, just to keep you all honest), is the 1986 N.S.W. Rogaining Champioships. Andrew Blakers, Mike Drew and Adrian Spragg are working hard to ensure that the event will be a memorable one for those taking part. The usual 24 hour event will be held, but some newcomers may like to try the shorter events being offered in conjunction with the championships. As the event location is very close to Sydney, it would be an ideal opportunity to encourage your friends to come along too.

Hope to see you there,

Ian Dempsey.

1986 CALENDAR OF EVENTS (NSW & ACT)

Event

Date

N.S.W. 24 Hour Championship

(see entry form for details)

A.C.T. 24 Hour Rogaine

N.S.W. 12 Hour Rogaine

A.C.T. 12 Hour Rogaine

22nd/23rd March.

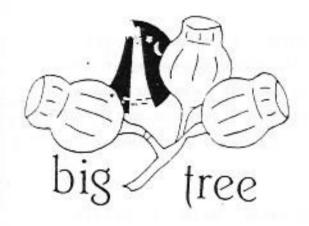
24th/25th May.

16th August.

18th October.

Details of other rogaines will be in future newsletters.

One to look forward to is:-



1986 australian rogaining championships

To be held in

WESTERN AUSTRALIA

20th/21st September.

OVER OR AROUND



OVER OR AROUND Cont.

A team will often have the choice between a shorter steeper route to a checkpoint and a longer flatter one. This is commonly the case when a checkpoint is across a valley or when it is over a knoll. Often a fitter team will choose the shorter route while less fit or less competitive teams will take the easier path. You should remember that teams commonly overestimate the difficulty of a climb and underestimate the extra distance in a detour so if in doubt, go up and over. A climb of 100 metres could be done by most teams in less than fifteen minutes.

From "Rogaining. Cross Country Navigation" by Neil Phillips and Rod Phillips.

LITHGOW 12 HOUR ROGAINE 1985

NSWRA & BAM Orienteers Central Tablelands Rogaine

Hello all.

welcome to the long-awaited results newsletter. Thanks for coming to our first Rogaine. Some people think it was a once in a lifetime experience. (We certainly do).

There was some lost property: - a rain hat, a spray jacket, a pair of tracksuit pants and a compass. Ring me on 82-2595 or write to 73 Albion St., KATOOMBA, 2780 to reclaim any of these. Alternatively, you may retrieve them from St Vinnies in Katoomba if you forget to do anything about it before the end of January.

If anybody wants any training, just drop out to Lidsdale State Forest and try your hand at this beautiful forest once again. The Coxs River is now significantly lower and it isn't raining. What? Did I hear you say it isn't the same without the markers? Don't let that bother you. The markers are still out there. For some reason the organisers couldn't get motivated to collect them on the Sunday. Perhaps it's because they aren't ducks.

Results written THUS indicate winners in their respective classes.

Points	Entry Type	Name	
175	SENIOR	PHIL CREASER	PAUL RAND
159	MIXED	NETTA HOLMES	PAUL TRIDGELL
		JAMES MYERSCOU	GH
129	Senior	Ian Dempsy	John Weir
122	Mixed	Andrew Lumsden	David Noble
		Annette Stewart	
120	Mixed	Peter Tuft	Robyn Tuft
105	Senior	Brad Simmons	Steve Morris
105	Senior	Peter Cooke	Ian Hewitt
105	Senior	Martin Krause	Anthony Hunt
103	Mixed	Bert van Netten Dianne van Netten	
91	VETERAN	GEOFF CONNOR	MARYROSE DAVIES
83	Senior	Ray Robison	Peter Wherry
		Bruce Copper	
80	Senior	Ian Taylor	Bill Miller
73	JUNIOR	SEAN YURIK	JON BAILEY
65	Mixed	Peter Duguid	Margaret Duguid
63	Mixed	Warwick Marsden Rosemary Austen	
63	Mixed	Pam Montgomery	Robert Montgomery
60	Senior	Ken Ward	Geoff Brown
		Greg Parsonage	
59	Senior	Peter Jones	Doug Mayor
6	Junior	Billy Sammon	Matthew Scott