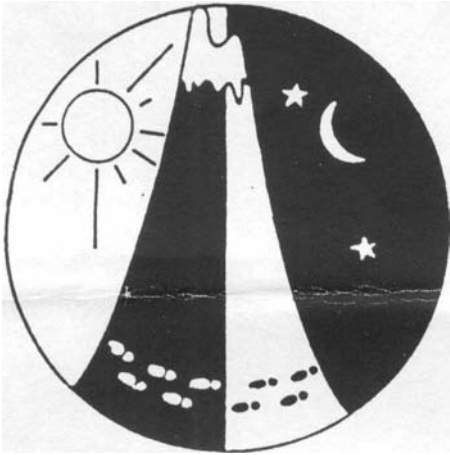


# NSW ROGAINING NEWSLETTER

Number 36

October 1992



## ***In this issue:***

The Lake Macquarie Rogaine - Inside a competitor's mind; all the results and the winner's route.

World Championships - Top 20; the NSW results and recommendations.

The President calls us to picnic and ponder.

Mamie tells it like it really was.

Watto wraps up the year.

Entry for the ACT 12 hr event and the 1993 calendar.

## **JAMES JOYCE GOES ROGAINING** ***The Lake Macquarie Rogaine, 19th September 1992***

*Students of English (Irish?) literature will recognise the 'stream of consciousness' style! Or perhaps Trev's computer doesn't have a full stop!*

Bert said at the start that the Lake Macquarie 12-hour was for the road runners; he also said that you had to get #44 from the roads; he was right on both counts.

Our journey was: with the pack to #18, #22, straight to #23 through the paint-gun course, water stop to #31 and #46 via the Telecom track; messed #33 because we assumed the flag would be some 50m below the road; only tweaked after reading the control description; John Roberts and Karl Schubert teams were also confused; pleasant ridge once you climbed it before the descent to #62; down to the first creek junction then the N-E spur towards #54; didn't climb high enough and traversed through scunge to #54 under a cliffline; it would have been much easier on top of the cliff; steep descent to #39 and tried to go straight to #44 but 30 minutes struggle saw us turned back by the lantana; back in the creekbed downstream to the road; eventually found road but it didn't match the map; we'd taken much longer than anticipated to get this far, had hoped to be at #60 by dark; the gloom in Bangalow Creek suggested early dusk, so dejectedly abandoned #44; met a guy with a massive mastiff hunting pig then climbed northwards towards #43; Netta & Mamie then Ian & Arthur were encountered before #43 - they were leading the contingent who were doing the anti-clockwise loop of the course; easy and pleasant traverse from #43 to #42 then #51; extracted torch and raincoat about half way up hill from #51 to road, things were looking very dismal; encountered a throng on the road to #41 and #45, 20-30 people going the opposite direction; no water left at the water drop but we'd carried enough to avoid a problem - did affect other teams I'm told; removed raincoats after #50 then enjoyed a delightful stroll along the road to #4~ with good views of city lights Cessnock, Kurri Kurri, Maitland in the west and the southern Newcastle suburbs in the east; half a dozen mopokes choralled our passage; straight to #61; skirted cliffs to the road but lost concentration near #48; walked 300-400 metres beyond attack point, concerned about lack of time to midnight so tried to find it from wrong place; instead found a gully and tree with red electrical tape so conceded defeat; relocated to the knoll beside the road then, confidence shaken again, used the road to the power lines and spiked #35; but a good bearing towards #32 didn't work properly; had our last drink stop on road below #32; 80 minutes left, so reviewed our plan to skip #32; Julian, Steve & Watto passed rowdily by and we travelled with them to #38, #21 and expressway; made one pass at #11, didn't see it but didn't have time to search; home with about 5 minutes to spare.

Normal regrets; missing #48 was just carelessness; could have got #32 if hadn't wasted time at #48; could have got #11 and still finished on time; but #44 was the main anguish; no way we could have predicted such impenetrable bush; guess that's the luck of the game. The people approaching from the north would naturally aim to use the roads but all who tried from the south had difficulty; knocked the stuffing out of

us for a while; partner Steve went well; he's fitter and faster than I (who isn't?); he also suggested we use the roads to #44 and lover-ruled him!

It was a good event, and great preparation for the World Champs; a notable lack of animals on the course, no wallaby prints even; and we ought to arrange some sort of megaphone for the start - there was no way Ian could speak to 250 people in those conditions! Tom and David were worthy winners; good to see close competition for the prizemoney. Check out their course - they used the roads and even made some mistakes, also getting confused at #33!



Some people told me that they were disappointed that Ian & Arthur didn't win the \$1000, considering their (especially Ian's) performance and faithfulness to the sport over the last few years. I don't agree. Bert's intention of raising a significant prize was to attract the elite athletes to the sport. Although only one team was enticed (and I don't know if the cash was the reason for their entry or not) the reputation of the event should spread and, perhaps, attract more quality teams next year. Ian and Arthur should be complimented in that it took such a classy team to beat them. The vast majority of participants were unaware and unaffected by the prize money. There will not be similar prizes offered at other NSWRA events - cash-for-dash is definitely limited to the Lake Macquarie City Games!

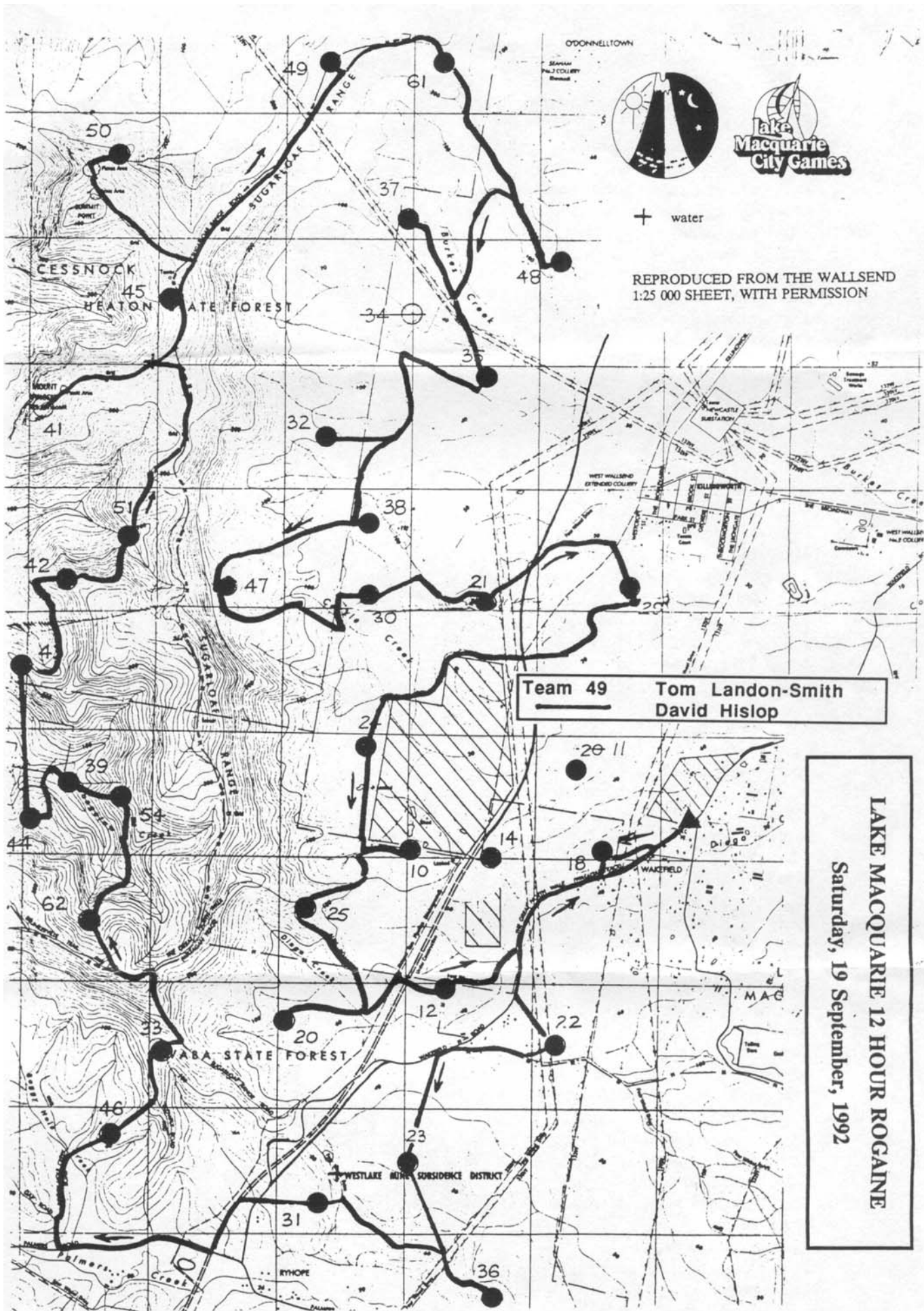
Trevor GoHan

#### LAKE MACQUARIE 12 HOUR ROGAINE

#### Sugarloaf Range

19th September, 1992

<u>Q</u>	<u>Team</u>	<u>Score</u>	<u>M</u>	<u>W</u>	<u>X</u>	<u>V</u>	<u>N</u>
1	Tom Landon-Smith, David Hislop	49	1070	1			
2	Ian McKenzie, Arthur Kingsland	76	1050	2			
3	Julian Ledger, Steve Keenlyside, Peter Watterson	3	930	3			
4	Mamie Holmes, Netta Holmes	51	840		1		
5	Michael Kenderes, Karl Winkler	50	810	4			
6	Simon George, Jo Parr	101	800			I	
7	Brad Maund, Karen Maund, Ross Parker	70	800			2	
8	Trevor Gollan, Stephen Cliffe	40	730	5			
9	Tom Cordingley, Ken Skardon	31	700	6			
10	David Dash, Ian Deck	12	670				1
11	Wil DeSain, Brett Rapley	8	660	7			
12	John Hodsdon, Val Hodsdon	59	660				2
13	Ian Carr, Kevin Rogers	21	650	8			
14	Mike Hotchkis, Neil Bourne	88	640	9			
15	Rodger Austen, Eric Metzke	53	630				3
16	Geoff Bailey, Kate Malfroy	74	620			3	
17	Richard McNeill, Steve Carrick	11	620	10			
18	Paul Naske, Gavin Jefferies	22	610	11			
19	Anthony Maloney, John LeCarpentier	98	610	12			
20	Damian Welbourne, Anthony Darr	77	590	13			
21	Robyn Tuft, Meg Thornton	57	580		2		
22	Ian Rank, David Rank	15	580	14			
23	W A Mills, Bryce Jamieson	6	570				4
24	Ian Hawkes, Cameron Shorter	34	570	15			
25	Peter Coventry, Phil Buchan	20	560	16			
26	Lynn Morris, Jim Meek	39	550			4	
27	Robert Walter, Michael Bergman	68	540	17			
28	Peter Whitfield, Adrian Purnell	79	540	18			
29	Jennifer Borrell, Terry Funk, John Keats	26	530				5
30	David Hamaty, Sabina Hamaty	5	520			5	
31	Peter Harvey, Lynette Gett	10	510			6	
32	John Bevin, Stephen Warr	69	500			7	
33	Lindsay Young, Judy Young	55	500			8	
34	Alan Mansfield, Sonia Kupina	75	500			9	
35	David Palmisano, Richard Connors, Grant Maizels, David Green	16	490	19			
36	Peter Cosgrove, Geoff Holman	99	490	20			
37	Lara D'Abreo, Mel Miln	35	480		3		



	<u>Team</u>	<u>Score</u>	<u>M</u>	W	<u>X</u>	V	<u>N</u>
38	Betty Chen, Robert O'Connor	44	480			10	
39	Merv English, Anne Francis	41	470			11	
40	Bruce McCaulay, Murray Austin, Chris Minno	43	460	21			
41	Stewart Amery, Phillipa Lowe	78	450				1
42	Gordon Johnson, David Thompson, Jarrad Henderson	61	450	22			
43	Jacqui Bridge, Robert Spence, Glenda Beehag	94	450			12	
44	Paul Morgan, Robert Whitelaw, Ian Griffiths, Gary Joyce 23		440	23			
45	Chris Mill, Peter Brown, Robin Russell	45	440				2
46	John Ulrichsen, Annie Whynoume	36	430			13	
47	Richard Stanaway, William Doyle	100	420	24			
48	Bruce Chessman, Carl Chessman	2	420	25			
49	Roz Atkins, Frances Martin, Kerry Gilmore	81	420		4		
50	Karl Schubert, Gary West	29	420	26			
51	Stephen Castle, Robert Loader, Anthony Dunk	24	390	27			
52	Kaye Thomas, Alison Senkalski, Bob Gilbert	52	370			14	
53	Jitka Kopriva, Rollin Burford	4	340			15	
54	Geoff Morley, Michael Jaeger, John Sneddon	62	340	28			
55	Daniel O'Connor, Catriona Webster, Craig Allen	95	320			16	
56	Bill Pigram, Graeme Robinson	13	310	29			
57	Jim Sligar, Lorraine Sligar	97	300			17	
58	Nicky Styles, Mark Nicholls	58	300			18	
59	Vicki Cooper, Graeme Cooper	32	300				6
60	F Rosser, Rodney Avery	72	290	30			
61	Mark Porter, George Liepens	33	290				7
62	George Collins, Christopher Collins	89	260	31			
63	Mike Garben, Ingrid Van Der Lee	83	260			19	
64	Robert Kenderes, Peter Armitstead	S4	260	32			
65	Julie Gray, Peter Gray, Phillip Allen	9	250			20	
66	Stephen Harrison, Kitty Harrison	27	250			21	
67	Jim Seabrook, Thea Seabrook	47	250				8
68	Tony Bond, Jennie Bond	87	240				9
69	J W Roberts, Andrew Buckle, Don Christie, Trevor Bissaker	96	240	33			
70	Andrew Smith, Adam Everingham	65	240				3
71	Mike Hanrauy, Richard Palmer, Tracey-Ann Palmer	71	230			22	
72	Anna Povey, Kevin Roberts, Steven Davis, Penelope Brown	48	230			23	
73	Alf Torrisi, Regina Torrisi	7	230			24	
74	Gail Roland, Hans Roland	17	230			25	
75	Robert Coulston, Yannick Coulston, Cyril Kirkland	42	220			26	
76	Renate Griffith, Margaret Shiel, Sue Bremnar	80	220		5		
77	Michael Nelson, Rebecca Webb	30	210			27	
78	Victor Poulos, Julie Tay, Cannella Harding, Clive Chamberlain	91	210			28	
79	Peter Diegutis, Jenny Allen, Pat Ewing, Peter McGratt	90	210			29	
80	John Waddell, Sean Conn, Michael Baglee	63	210	34			
81	Darren Blanch, Janice Sandoz	93	210			30	
82	Matthew Weuon, Brian Hooper, Robert Murphy	67	190	35			
83	Michael Godfrey, Pauline Godfrey, Alan Murphy	66	190				10
84	Peter Beresford, Sharon Oxen bridge	60	180			31	
85	Lynne Dunbar, Judy Panter	56	170		6		
86	Jessica Roach, Damien Hollinshed, Gavin Gilroy	64	160			32	
87	Kerri Rath, Peter Davis	86	120			33	
88	Iain McKenzie, Douglas McKenzie, Tamara McKenzie, Jennifer McKenzie	25	70			34	
89	Lee Clark, Nadia Bernardi	46	50			35	
90	Janet McLennan, Michael Picklin	54	50				4
91	Harry Cotton, Robert Cotton	38		36			

M - men
W - women
X-mixed
V - veteran
N - novice

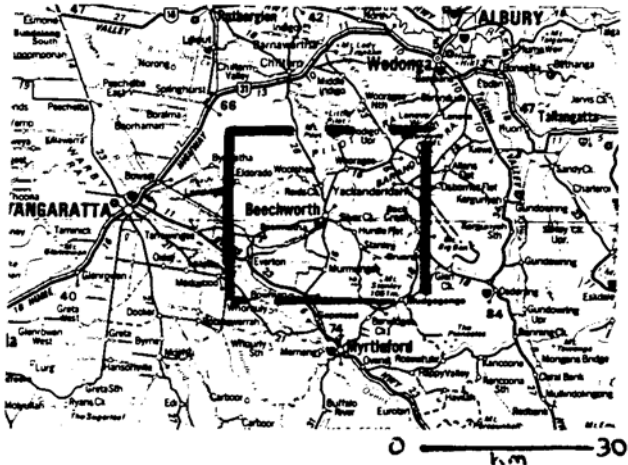
# WORLD WISDOM

## 1st WRC, Beech worth, 9th-10th October, 1992

The first Rogaining World Championships held in Victoria lived up to expectations as an event to be remembered by the NSW crowd who made it down there. It was on the competitive side but enjoyable all the same. And yes, it was on the same weekend as the floods in the area which made creek crossings a potentially serious affair and one part of the course was bisected by impassable water.

It was wet. Wet at the start and on and off during the event. A bit miserable at times but nothing a good bit of rain gear couldn't handle. At least the moon came out for the first part of the night and made navigation much easier.

The course? Centred on the town of Beechworth it was enormous. So big that after about 23 hours of stomping we had only covered about one third. The 1:50,000 scale meant lots of walking for not much movement across the map. Variety, however, it did have with both wet and dry type forest, both thick and open, also there were pine plantations, farmland and regrowth forest areas. Lots of gold mining meant diggings, inpenetrable blackberries and everybody's favourite mineshafts. One lucky fellow even fell down one at lam, breaking his torch on the way. It took his partner 3 hours to get help and for the party to refind his mineshaft and rescue him. He was fortunately relatively unhurt and did at least win a spot prize for his troubles!



Northern Victoria showing WRC map area.

We all survived - both the Rogaine and the bush dance that evening. If we grumbled about the extent of the tracks, the weather, the competition (ultra runners?) etc then there is always the next event ....

One thing that a World Championship brought to mind was just how is the average Rogaining team to get the jump on the competition. Perhaps a technological edge. The coordinator, Geoff Hook, listed in his pre event briefing all the things we were not allowed to take with us on the course. No pedometers (mechanical or digital) to measure distance travelled, no altimeters and no global positioning systems. In case the last one hasn't caught up with you it is a useful little number retailing at around \$2500 and said to be accurate to 10 metres. To quote the manufacturers (who must have a rogainer working in their copy writing section)

" no matter where you are in the world, this revolutionary new handheld navigational tool determines the exact time, latitude, longitude, altitude and more - by satellite! Its rugged, lightweight design makes it perfect for outdoor adventures."

Sadly whoever thought up the Rogaining rules anticipated all such things when they wrote "thou shalt not take any other navigational aid than a map and compass." Where does this lead the ambitious rogainer - carbon fibre whistle? chlorofibre undies? gore-tex beanie? superstatic shoe laces?

Part of the good sized NSW contingent travelled by Coaster bus and on the way home collected their particular hints for other rogainers. Here's what they came up with: -

- |                 |   |
|-----------------|---|
| Peter Watterson | Take 2 rolls of quality 'contact' and wear a good looking hat.  |
| Meg Thornton    | (Meg's counterattack for cramp attack) 3.5 mg of sodium bicarbonate (baking soda) + 1.5 mg of potassium bicarbonate dissolved in 100 ml of water and taken every 8 hours for 48 hours prior to the event.<br>Don't wear Nike Air joggers (deflate on barbed wire fences). |
| Frank Anderson  | Take lots of bananas.   |
| Sonia Kupina    | Use a compass with a counter - for pace counting.<br>Always get a team mate to check the control card has been punched.<br>Take a couple of cartons of Two Fruits.  |
| Alan Mansfield  | President's health warning - Rogaining is compulsive and addictive - beware!<br>Ankle problems - try strapping them but remember to shave first.  |

Robyn Tuft	Beat 'contact' - use a Coglans sealing mapcase - its recyleable. Be friendly to your knees - don't do the Subaru Oassic one week prior to rogainie
Steve Keenlyside	Have fun, keep laughing and don't forget your vitamins. And you may as well run everywhere because you are going to be cactussed by the end anyway.
Trevor Gollan	Take a beanie and don't follow other teams - they are probably lost.
Jennifer Borrel	A void blisters with 2 pairs of wool socks and some vaseline on your toes. Ward's saline (glucose) for energy.
Jenny Anderson	Glucodin glucose tablets and power bars for energy. Let Frank carry most of the bananas.
Andy Blakers	(Andy got off the bus at Yass but had he been asked he might have said - "Eat a lot, then eat more and don't forget the carbos".)
Julian Ledger	Take a solid fuel stove and have a brew on the course (only known way of stopping Steve Keenlyside in mid flight).
Mike Billinghurst	Training - one schooner per km anticipated travel. Urgently seek alternative engagement.
Maurice Ripley	(Not on bus but Peter W said he would have said "The more you eat the less you throw up".)
Mike Hotchkis	Don't listen to the advice of other Rogainers.

I

The bus crew were also surveyed to find out the preferred torch. A clear winner was the Petzl zoom head torch taking either 3 AA batteries or one 4.5 V battery. Others varied from handheld cheap and light penlights, to Eveready 2 **O** battery torch with halogen bulb, to heavier numbers like the Dolphin or 6 V Eveready. At the top end was Frank A's \$200+ Swedish Miva - headmounted, hallogen bulb, six battery rechargeable unit (not actually used on the day).

Finally, what do you do when you finally find the control and your partner is somewhere up the gully in the dark - within earshot of course. Yell "I've found it" and get swamped in the crush of other teams. Here for your guidance and assistance are the secret code words of some of NSW's top teams:-

"WOMBA TS"      "ANY LUCK?"      "CONT ACT!"      "KANGAROOS"

Julian Ledger

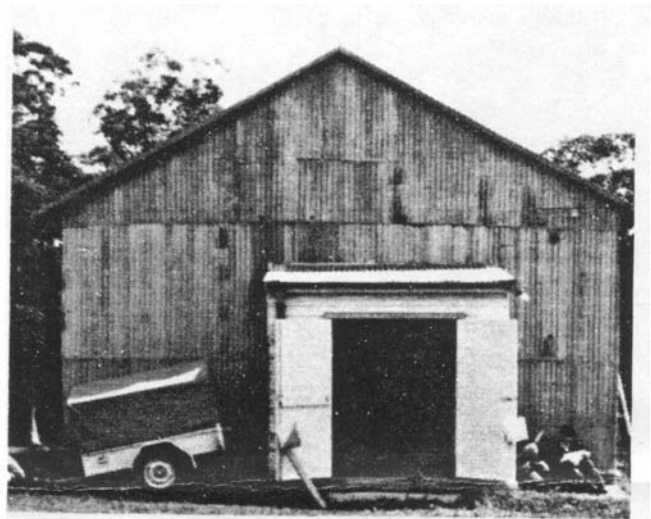
1st WORLD ROGAINING CHAMPIONSHIPS		Beechworth, Victoria	9th-10th October, 1992					
<u>O</u>			<u>Score</u>	M	W	X	V	<u>J</u>
1	James Russell, Michael Walters	Vic	1330	1				
2	Paul McComb, Andrew McComb	SA	1320	2				
3	Greg Barbour, Eddie Wymer	NZ/Vic	1270	3				
4	Peter Gagarin, Fred Pilon	USA	1190	4			1	
5	Andy Buchanan, Dave Lawrie, Peter Squires	NZ	1180	5			2	
6	Martin Jackson •• Ian Kluckow	Vic	1100	6				
7	Paul Hoopman, Greg Rowberry	SA	1090	7			3	
8	Geoff Mercer, Peter Taylor	SA	1060	8				
9	Tony Woolford, Barb Gare, Adam Smith	SA	1050			1		
10	Grant Jeffrey, Ian Thomas	Vic	1050	.9				
11	Michael Wood, Ted Van Geldermaisen	NZ	1030	10				
12	Paul Frylink, Gordon Nightingale	ACT	1030	11				
13	Steve Gurney, Ross Wakelin, Marcus King	NZ	1020	12				
14	C Benn, P Cromie	UK	1010	13				
15	Fredrik Trahn, P Enochsson	Sweden	1000	14				
16	Ian McKenzie, Blair Trewin	NSW/ACT	990	15				
17	Stephen Keenlyside, Julian Ledger	NSW	960	16				
18	Ian Dempsey, Andrew Blakers	NSW/ACT	950	17				
19	Nigel Alyott, Mal Grimmett	Vic	950	18				
20	Richard Matthews, D Muir	WA	940	19			4	
21	Frank Anderson, Jenny Anderson	NSW	920			2		
28	Maurice Ripley, Peter Wauerson	NSW	900	27				
31	Bert & Dianne Van Netten, Phil Creaser	NSW/ACf	880			3	8	
39	Mamie Holmes, Netta Holmes	NSW	810		2			

			<u>Score</u>	M	W	X	V	<u>J</u>
50	T Perrott, R Simmons	NSW/Vic	770	41				
51	Sue Clarke, Tony Maloney	NSW	760			6		
54	Mike Hotchkis, Ron Hutchings	NSW	740	44				
63	George Collins, Trevor Gollan	NSW	690	51				
67	Simon George, Joanna Parr	NSW	670			8		
69	Cameron Osborne, Mike Billingham	NSW	670	56				
75	Robert Walter, Alexander Idnurm	NSW/ACT	610	61				2
102	Bob Bunbury, P Lawrence	NSW/Vic	510	78			27	
<b>III</b>	Anitra Kenny, Alex McGregor	NSW/ACT	490			23		
116	Meg Thornton, Robyn Tuft	NSW	460		8			
139	Jennifer Borrell, Terry Funk	NSW	370		12		40	
147	D Roberston, Karl Schubert	NSW	340	101				
159	M Lenny, Roger Patrick	NSW	300	110				
165	Sonia Kupina, Alan Mansfield	NSW	250			39		
173	John Hodsdon, Val Hodsdon	NSW	160			43	51	
176	C Rehberg, Rebecca Webb	NSW	140			44		9
182	S Inman, Michael Nelson	NSW	120	118				
185	S Gardner, A Herring	NSW	60		19			

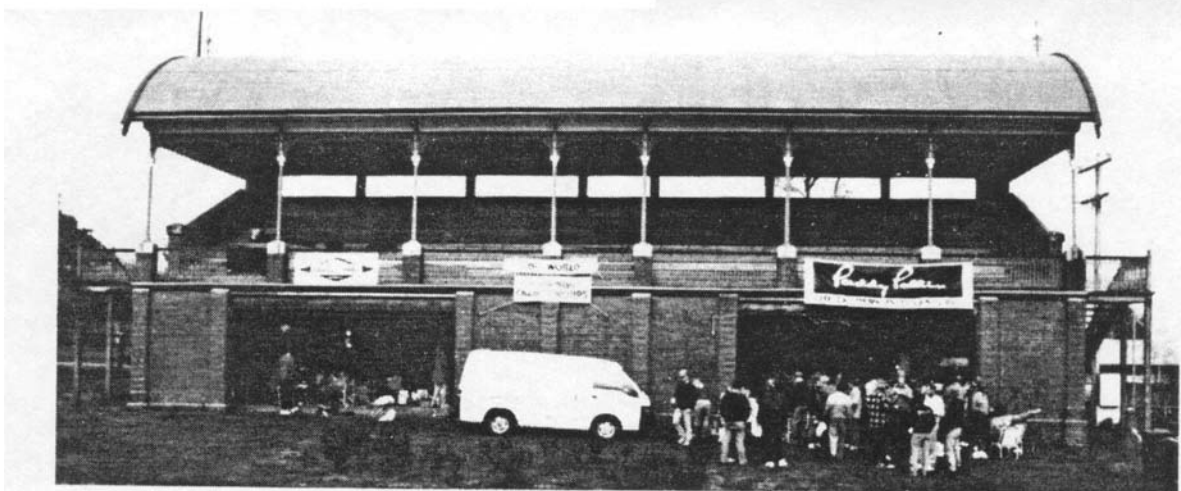
o - Overall      M - men      W - women      X - mixed      V - veteran      J - junior

## The ideal Christmas gift?

In the tradition of fine photographic albums of uniquely Australian architecture such as *Historic Woolsheds of South Australia*, *Railway Stations of Inland NSW* and *Public Toilets of Southeastern Queensland* comes *Hash Houses of 1992*. Order your copy now from your local rogaining association!



Clockwise from top: the 'Plum Pudding', Manilla; Wakefield Community Hall, LMCg; Beechworth football ground, WRC.



## And now ... THE PRESIDENT'S REPORT!

So that's the big event of '92, the World Championships, run and won. It certainly was long and large as forecast by the course setter, David Rowlands. Congratulations to the VRA and the WRC team for a tremendous event. And congratulations to our place getters:

Frank and Jenny Anderson, 2nd in the mixed.

Netta and Mamie Holmes, 2nd in the women's.

Robert Walter and Alexander Idnurm(ACf), 2nd in the junior.

Bert and Dianne Van Netten and Phil Creaser(ACf), 3rd in the mixed.

Also to all the other NSW rogainers who entered and supported the event. The first 20 placings and all the NSW results are in this newsletter.

Bert Van Netten, Ian Dempsey and the Bankstown Bushwalkers ran a fine event back in September as part of the Lake Macquarie City Games (*Alan must have come in before the rain!*) That was our last event for the year although the ACTRA are running a 12 hour on the 7th November (*entry enclosed, but you'll have to be quick!*) and, further away, the Tasmanians, Victorians and Queenslanders are offering events on the the 7th or 14th. So there's still a chance to get out again before the Christmas break. Next year we start early with a Metrogaine (our first) in March.

One of the big successes of 1992 has been the availability of child-minding at the events and we thank Anne Francis for motivating us in that direction. Hopefully we'll have other folk willing to take their tum in 1993 so that parenthood needn't mean couples never rogain together again!

Talking about 1993, Warwick Marsden has offered his backyard up at Faulconbridge for a barbeque, cum Christmas party, cum general meeting, on Saturday 28th November. It is intended that this be an opportunity for rogainers and their families to socialise and discuss the coming year and debate some issues that are difficult to discuss fully at committee meetings. The venue may change to elsewhere in the lower Blue Mountains if numbers are large. Please contact Warwick (047 51 1892) or myself (02 6654925) by mid-November. If you can't make it on that day but have some thoughts on how we might improve any aspect of rogaining, please talk to a committee member or write an article for the newsletter. The editor will be glad to receive it - he's waited long enough for this one from me!



4

Whither rogaining indeed! Read back through this year's newsletters and you will find positive and thoughtful contributions covering many aspects of our sport. These make a good starting point for the November barbeque. (*I hope not everybody uses their newsletters in this way!*). Below are some things I think we could discuss that might improve rogaining (in no particular order).

- 11 Improve water drops on the course or have none. Perhaps competitors should carry sufficient water ~ themselves?
- 11 Buy or hire a loud hailer for last minute briefings. Use a whiteboard to provide general instructions and final details.
- 11 Promote the sport by providing the scouting movement with our calendar, advertising in Wild magazine etc. Approach magazines such as Inside Sport and specialist outdoor sports magazines and provide them with our calendar and information about rogaining. Compile results early (*yes please!*) and submit them to newspapers for publication ..
- 11 Define what makes a good rogain .
  - Try to run a bus to as many events as possible .
  - What can we do for novices before and during an event?
  - Name tags for the organising team.



Alan Mansfield

This Newsletter is produced by the NSW Rogaining Association and printed by the University of Wollongong Printery. Contributions, especially photographs, are always welcome and should be sent to 20 Viburnum Road, Loftus NSW 2232. Wordprocessor text files on diskette will save us retyping your article. Both mM and Macintosh formats are acceptable. Alternatively, you could try electronic mail to [gcZ@nucleus.ansto.gov.au](mailto:gcZ@nucleus.ansto.gov.au).



# ROGAINING WITH MY SISTER

*Out on the course with Marnie and Netta at the Plum Pudding Rogaine.*

It should perhaps have been a warning to me when Netta first said that if you can go rogaining with a friend AND still remain friends at the end of 12 or 24 hours then you'll be friends for life! I fiercely resisted the physical and mental torture of rogaining for several years after she first mentioned it. But one by one her erstwhile partners went overseas. And then I was left and, for some now-forgotten reason, accepted her invitation to compete with her in the Murrumbo event (1989 NSW Champs). What an introduction to the sport! It was a great course (except for a checkpoint or two supposedly located in one of those notorious 'gullies' down on the open flat) but we (to be fair - I) fell to the cold and empty tummy syndrome and learnt that one must eat lots to be able to keep going. Nevertheless, after that I was hooked on to this sport where the mental challenge at least equals that of the physical.

From that time on, at the end of each rogaine and sometimes in the middle too, we talk about the things we've learnt during the various events. It's amazing how motivating it is at 3 am, when you've got wet feet and it seems that you must have gone past the checkpoint you're searching for, to laugh about the time you (sorry, I mean I) forgot to punch the control card at that first 100 point control and how we'll *never* do that again! In our minds we catalogue the list of 'Things we have Learnt'. This is not the time to expound on the items of that list but keep your eyes on coming issues of the Newsletter.

However, I would like to briefly mention a few things we learnt at the Plum Pudding Rogaine. We planned a great route and, calculating distance, speed and terrain, expected to cover a goodly portion of the green (high-scoring) part of the map. I had just returned to Australia from a couple of weeks walking in the Austrian and Swiss Alps where the peaks of the mountains looked over the tops of the clouds at an altitude that no mountain should be! These little Australian hills, nothing over 900 metres, would be easy! Well, I was mistaken. When contours make a red blur across the map, it means STEEP, even if they are only 10 m contours. Which leads me to Point #1 - *Never underestimate the power of the contour!*

When it started to rain only minutes after the start we looked at each other, my stubborn sister and I, laughed and said that a bit of rain wouldn't deter us! So we continued along with our plunge through the bush. It wasn't long afterwards that it came time to ford the river. So, holding hands to brace ourselves against the current, we stepped out into the water. After we passed through the fastest flowing section, Netta let go of my hand to step onto the bank and suddenly just sat down in the water!! I just looked in amazement. Although she has been know to do one or two strange things before, I was in no way prepared for that! Laughing so much that I almost tumbled in myself, I grabbed her arm, pulled her out and reminded her of our decision only a few minutes before not to let the water deter us. I was assured that this was different. I'm not quite sure how but it wasn't the time or place to press on with that discussion! Point #2 - *Don't go swimming during the early hours of a rogaine!*

For various reasons, we ended up back at the Hash House earlier than we usually do and so we were able to leisurely appreciate the good food, hot bonfire and lazy conversation while waiting for those other crazy people to come in out of the hills. This is Point #3 - *The Hash House before midnight is a remarkably pleasant place to be!*

Now we are looking forward to our next rogaines - Lake Macquarie and the WRC near Benalla. (*And they did very well at both!*) And what joys are being designed already for next year? Armed with all the things we have learnt, certain that there can't be too many more to find out by bitter experience 0), we hope to be out there on the hills again soon, my sister and me!

Mamie Holmes

## Climb 50 Peaks

On 17th-18th April, 1993, when rogainers will be limbering down from the Autumn 24 hour event scheduled over Easter, there's an activity which may entice you out into the bush again. This is the *50 Peaks Event* which is designed to celebrate YHA's 50th anniversary in NSW and involves teams simultaneously climbing the best 50 mountain peaks in NSW / ACT over one weekend. If this appeals to you then read the brochure included with this newsletter and enter now. Although it is best to enter by the first deadline of 9th November, late entries are also acceptable. Enquiries to Julian Ledger (02 261 1111).



## Guest Editorial - YOUR EAR IN WE VIEW

What a great rogaining year it has been. The highlight, of course, was the 1st World Championships, last weekend around Beechworth, Vic. The open winners, Victorians, Mike Walters and Jim Russell, won by just 10 points, whereas they were second by 150 points in the 92 Vic champs, to the McComb brothers of SA (who came in second this time). We in NSW are a little off the pace, I'm afraid. Trev Gollan and I won our champs at Wuuluman this year walking about 70 km - the top southerners do about 110 km.

The 12 hour event in September - the "Dash for Cash". Bert and Ian certainly motivated us with \$1000 prize money. But that only seemed to attract one new 'gun' team, Dave Hislop and Tom Landon-Smith (who won). So I hope we don't try such cash incentives again. The 1st World Champs got only fame and seemed content with it. However, Trev did win a compass, a spot prize courtesy Paddy Pallin, and Bert, Di and Phil Creaser (3rd in mixed) won a bottle of port, courtesy me. What can we do to improve, team? We do need a few more fit masochists -look around amongst your friends! We might try getting The Sydney Morning Herald to print the placegetters (they didn't have the World's results, whereas The Age did), to make our winners feel good. Why not also subsume the ACTRA - if they don't like it, we'll charge them rent when using NSW land! But let's not worry. As our numbers grow, so will our strength and experience and perhaps by 1994, when we host the Aus Champs, we'll surprise them. In the women's, mixed and junior categories, we already have several stars - congratulations to Mamie & Netta; Frank & Jenny and Robert, runners-up at the World Champs!

Sorry about the above to those sensible members who don't care less about winning. 30 km is still a lengthy weekend bushwalk and, on a rogaïne, food, map, campsite and good company are all provided! Thanks to our organisers, bless them. This year, they excelled in giving us some World Championship scale courses: Netta, Warwick and Tony at Wuuluman; Rodger and Erik at Mangrove Mountain; Graeme and Vicki at the 'Plum Pudding'; Bert and Ian at Newcastle; plus all their helpers.

Three cheers!. Ooroo.

Peter Watterson

### *And in the next twelve months*



November 7	ACTRA 12-hour	
November 28	Barbeque and Think Tank	Warwick's
March 7	Metrogaïne	Sydney
April 10-11	Autumn 24 -hour	
June 26-27	Search and Rescue Rogaine	Bell
July 10-11	Paddy Pallin Rogaine	Blue Mountains
August 28-29	NSW Championships	South Coast
October 30	Spring 12-hour	

### *NSWRA Committee 1992/1993*

President	Alan Mansfield	4/68 St Thomas St, Clovelly 2031 .	02 665
Secretary	Trevor Gollan	39 Greenslopes Ave, Mt Ousley 2519	042854053
Treasurer	Tony Maloney	560 Mowbray Rd, Lane Cove 2066	02 428
Edi tor	George Collins	20 Viburnum Rd, Loftus 2232	02521 4342
Publicity	Julian Ledger	108 Cressy Rd, East Ryde 2112	02 888
ARA Rep.	Ian Dempsey	138 Tirriki St, Charlestown 2290	049 43
Committee	Graeme Cooper	Ouny Rd MSF2005, Armidale 2350	067 72
	Anne Francis	62A Delmar Pde, Dee Why 2099	02 982
	John Keats	109 Mississippi Rd, Seven Hills 2147	02 636
	Sonia Kupina	4/68 St Thomas St, Oovelly 2031	02 665
	David Sigley	7 Keith St, Peakhurst 2210	02 53 9937
	Warwick Marsden	35 Grose Rd, Faulconbridge 2776	047 51
	Peter Watterson	13 Driver St, Denistone 2114	02 804