

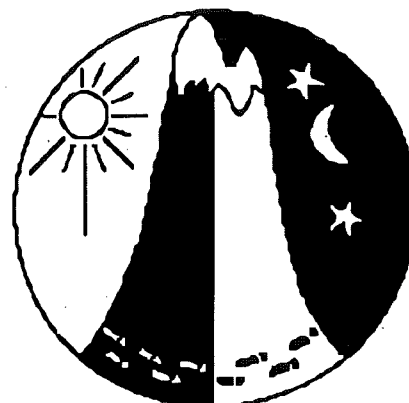
NSW ROGAINING NEWSLETTER

NUMBER 52

JULY 1995

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ARTICLES & VIEWS:	Interview with Sue Clarke (Lots of) Letters to the Editor
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PRESIDENT PETE PONTIFICATES

I'm a little nervous about addressing so many, including about 620 competitors at the recent Paddy Pallin, a record for NSWRA and perhaps the world! Is that a good thing? I think so - the more people enjoying the bush and exercise the better. But there are drawbacks. During the event, the difficulty of finding controls drops with more competitors around. And channels are worn through thick patches of vegetation where walkers are focussed, though looking around the site the following weekend, I would say the damage was pretty innocuous and short-term. Only a few scraps of litter, too - well done! Generally though, NSWRA won't be able to cope with so many competitors, even if a particular site can. So thanks to Stephen Castle and all other helpers for the extra effort needed.

As most readers will know, the Paddy Pallin event has built up in acclaim largely due to the efforts of Warwick Marsden, chief organiser from 1989 till 1994. Despite his ill health, he still turned up this year and helped out. What a guy.

Helpers are needed for all the year's remaining events, so if you haven't volunteered for a while, ring one of the event coordinators listed under the calendar. If you can't come on the day of the event, for example, you can still enjoy the rogaine area, either setting, checking or hanging flags, or collecting them the weekend after. At most events, a dozen cooks or more are needed, no experience necessary.

As well as the "Dash-for-Cash" (Lake Macquarie) form, enclosed is the superb entry form by Gareth Prosser for the NSW Champs, which promises to be great. At the last few events, organisers have been swamped with dozens of calls per night for late entries. Is that nice? The committee is contemplating Draconian measures - please avoid being refused by posting your entry to reach the organisers by the closing date!

Peter Watterson

WARWICK MARSDEN

With regret, we report that Warwick died just before 7am, Saturday 15th July, at home, after his excessively long bout with cancer.

We are deeply saddened by his struggle and by our loss.

I promised someone a copy of the Land of Oz map but can't remember who. Whoever .. please remind me.

This year's Australian Championships have not been short in contention. A series of thunderstorms in the first 10 hours decimated flesh and spirit, exacerbated by the difficult vegetation. Peter Merrotsy and Richard Robinson were proclaimed winners on the day, to be pipped by Shane Trotter and Anthony Darr in a recount of the control cards. NSW was well represented in the final placings ... perhaps because it was the first Aus Champs located in Sydney sandstone style countryside? Reports are included by one of the winning team (Shane Trotter), the defending champion (David Rowlands), the winners of the Mixed category (Joanna Parr and Simon George) and the President of the ARA (Peter Taylor).

Trevor Gollan

EDITORIAL

I'm happy to apologise for the small font used in this edition of the newsletter. If your eyes fail, try using the small magnifying lens on your compass! I endeavour to publish any material that is offered so long as it is of interest and constructive. The large volume of contributions is greatly appreciated, by myself as well as the Committee, because your feedback is important. And hopefully it makes for a good read too!

I recently received an anonymous letter for inclusion in the newsletter, even obligingly presented on diskette to save my typing fingers. Despite the authors' intent to raise an issue and provoke discussion, it would be unfair and unreasonable to publish any document under the veil of anonymity. No responsible rag would permit such a practice but if the "Critics from Hell" wish to remove their masks the matter can be re-aired.

THE END OF ROGAINING AS WE KNOW IT?

One of our professional officers, who has just returned from eighteen months in Antarctica, gave a talk on the research going on down there. He's involved in monitoring changes in the earth's magnetic field intensity and said that if the current trend continues then in 3000 years the earth's magnetic field would vanish. Better throw your compass away ... in future rogaines it will be just more dead weight (a bit like a raincoat).

George Takacs

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NSW & ACT CALENDAR

DATE	EVENT	CO-ORDINATOR	COURSESETTER	ADMINISTRATION	HASHHOUSE
12 Aug 95	Lake Macquarie 6/12 Hour Watagan Mtns	Bert van Netten 049 753 693	Arthur Kingsland 049 526 278	Ian Dempsey	
9-10 Sep 95	8/24-hour NSW Champs Capertee	Gareth Prosser 02 797 7437	Gareth Prosser	Andrew Wisniewski	Bankstown Bushwalkers
7 Oct 95	ACT 12-hour	Gordon Nightingale 06 291 8097			
11-12 Nov 95	24-hour Interstate Challenge Albury	Tony Perrott 060 208 654			
25 Nov 95	4-hour Socialgaine	Trevor Gollan 042 26 5544			



LAKE MACQUARIE 6&12HR 12th August

The Lake Macquarie rogaïne is progressing well. Some very scenic areas, three dramatic, well appointed lookouts (and many other points providing expansive views), extensive use of the Great North Walk, and much more...

Bert, Ian and myself are plotting to bring a true Australian bush flavour to the event.

Arthur Kingsland



NSW CHAMPS 9-10 September

The event area features part of the newly proclaimed Gardens of Stone National Park - a plateau of open eucalypt forest, topped by pagodas and cut by a labyrinth of dry creek beds in steep-sided valleys. Around 30% of the area is flatter open farmland along the top of the Great Dividing Range, with spectacular views throughout of the surrounding escarpments of the Capertee Valley.

Several tracks, roads and railways cross the area. Altitude ranges from 500m to over 1000m, so the weather could be distinctly cool. Points of interest include a glow-worm grotto, diamond mine, historic pub and assorted remnants of abandoned mining villages. The resulting course will offer interesting physical and navigational challenges, not to mention a most pleasant walk around one of the best kept secrets of the Greater Blue Mountains.

Note that the event starts at 1pm on Saturday, not the usual 12 noon. This is to entice you onto the 8:02am train from Central Station with appropriate bus connection from

Lithgow to the hashhouse. Maps will be issued when you board the train. Of course, bookings will be essential.

Nav95 Vive le Difference

Trevor Gollan

Alan Mansfield, Geoff Bailey and I teamed to discover the differences between the Navigation Shield (24-25th June) and "standard" rogaines. My conclusion? ... length, terrain, categories, attitude and Shane Trotter didn't win it.

Length: starting at 8:45am on Saturday, you can choose the one-day version until 7:30pm (OK a 10¹/₂ hour outing isn't much different) or you can stay out until 2:00pm on Sunday which equates to a 29¹/₂ hour excursion, considerably longer than we are used to.

Terrain: the countryside is always hard, always wild, Hawkesbury Sandstone country within coo-ee of Sydney, without any cleared land (hmmm, sounds just like the '95 Aus Champs). I noted the number of times we broke sandstone boulders underfoot ... a sign of the lack of previous walkers ... an argument for not rogaining in these areas?

Categories: the primary purpose of the event is as training for Search and Rescue organisations ... Bushwalking Clubs, Fire Brigades, Armed Services, SES, VRA (that's Volunteer Rescue Association, not Victorian Rogaining Association). Teams of four to six must travel with full packs, including a sleeping bag, tent or fly, stove, first aid kit. Thus progress is somewhat slower and rest stops longer. A separate category exists for rogainers so the heavy packs are not obligatory. Regardless, we chose the full pack experience since we planned to stay out

all the time, it was mid-winter, and we didn't want to miss anything that other people might have.

Attitude: of course there are the extremists, like the three demi-gods that fast-trotted by us with full packs waving. But the main feeling is relaxed, enjoy yourselves, appreciate the training exercise and the countryside. The approach was best exhibited at the start. Since the 8:15 briefing was over after only 10 minutes, people just headed off. So, what's an extra 20 minutes over 30 hours? There was four "personed" radio checkpoints on the course with campfires, a billy and friendly faces. We visited three of these, including an extended dinner break after dark at Radio#4. You are expected to be self-sufficient

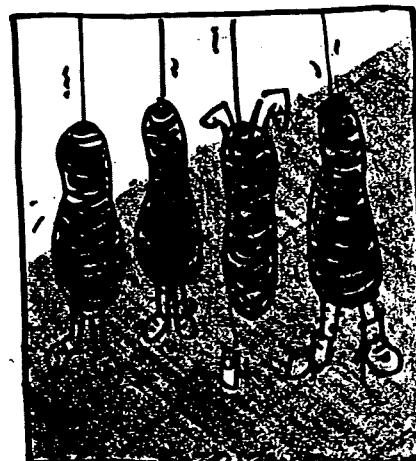
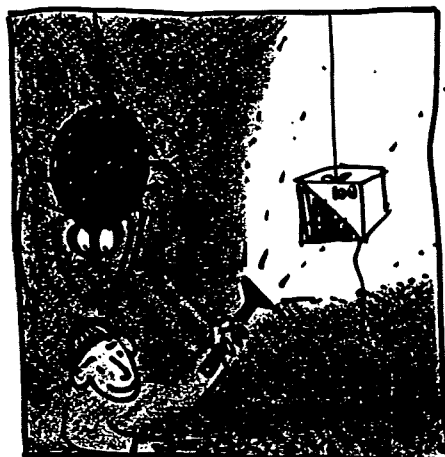
Though the organisers stressed the importance of remaining within voice contact, we passed quite a few split groups. This may be a consequence of the larger teams.

The course was sited north of Windsor, between the Putty Road and Wisemans Ferry. It seemed every control involved a 140m ascent or descent, except the lower crossing of Rush Creek which was about 260m deep. Such a climb seemed acceptable since the course setters provided two 120-point controls in the vicinity.

By the way, long-time rogainers Peter Wherry and Greg Harrigan were part of the winning team, from Sutherland Bushwalkers.

My personal highlight was breakfast (tinned mangoes on muesli and fresh coffee) on a sandbar in Rush Ck, at the bottom of the 250m gorge.

In summary, I'd liken "normal" rogaining to a daywalk (24-hour walk = daywalk, that makes sense!) while Nav '95 was a bushwalk with rogaïne rules. We enjoyed ourselves immensely. Vive le difference!



More Unfair Controls. Number 100, "The Cave"

REPORTS: AUSTRALIAN CHAMPS

A RAINCOAT WOULD HAVE BEEN NICE

Shane Trotter

It was about half an hour into Saturday when the bus full of Newcastle rogainers arrived. Tents were erected ... but under the trailer for me ... sleeping hours were precious.

Midday comes around quickly with pre-event preparations. One decision was whether we should take a raincoat or not. We didn't. The other major challenge (as for most participants) was how to protect the map with one roll of Contact. Fold the map.

Our control sequence (with a few notes) was: 10, 27 (stopped short, used to 1:15000), 60, 24, 54, 41, 32, 49, 43, 80 (heaviest downfall of rain at about 16:30; a wombat was upset about the rain as well), 48, 101 (required two of us to punch the control card as now we were cold; on the knoll 650m NNE of 101 torches were dug out, thermal tops and beanies were put on), 33, 44, 73, 15 (could see the torches of rogainers coming down from 82), 37, 82, 36, 46 (midnight, largest stop of 10 minutes to eat some energy; too cold to stop any longer), 100, 28, 39 (one of us lacked confidence in the confidence of the other with our position on the cliffs near 61), 61 (thickest bush, almost on our hands and knees), 35, 34 (light; the sun is coming up; one of us regains his composure after hallucinating in the early morning hours, the other one bugged from being in front for so long), 45, 29, 53, 81, 83, 47, 16, 55, 11, HH (20 minutes to go so ran to...) 14, HH (with 7 minutes to spare).

1520 points. Punches had to be confirmed as our control card was in such a bad state.

Anthony and I say thankyou to Darryl Erbacher and his team for a well-organised event, and a special thanks to Darryl for re-checking the control cards. Also congratulations to the team who finished 2nd. A close competition.

One of the hallucinations was seeing a Coke can on the track, stepping on it, and watching the foot go through it.

A raincoat would have been nice but was not required ... a garbage bag is probably best for size and weight. Gloves would have been useful, especially to punch the controls.

The Budawangs look like a good place to go bushwalking, but remember to stay on those tracks because you now know what it is like to venture off them.

A point for most rogaines ... more non-fatty food per serving is required by rogainers who have only been eating energy foods for the whole period of the rogaine. Either no queue (or seating in the queue) for food. The last thing you want to do is stand in a queue.

Lastly I would like to thank Fairydown and Coast Camping (Broadmeadow and Newcastle) for their support.

See ya later,

MIXED WINNERS' FEELINGS

Simon George & Joanna Parr

We decided on a large anticlockwise loop, so that we could get through the trackless area in the south by late evening. This plan also had the advantage of coming in up the east side, where there were more tracks than the west, and also maybe better defined control features. The graph below shows our progress through the rogaine (real hi-tech analysis!) - points scored, distance covered and, the really telling one, minutes per kilometre. As expected, the rain started on the way from 17 to 25 after about half an hour. Coming down the spur from 26 to 54 it was torrential and we rapidly became soaked. Early on we put our waterproof tops and bottoms on so that, although we were wet inside, we kept warm. In the late afternoon we also put our helly tops and bottoms on, and with this combination we were able to keep (just) warm enough through the night. We discussed heading for home before it got dark, as many other teams did, but we reckoned that we would be OK through the night even if it rained continuously.

We had few problems early on with control finding, keeping a good steady pace so that by nightfall we had accumulated 470 points. From control 80 it was a hard slog up the hill to 48 where we made our first mistake, but we were guided in by Sue Clarke and team, who we had been close to most of the afternoon. We had dinner at a creek NW of 48 but when we continued on to where we thought 100 should be we realised we were way off. After some thought we worked out that we must be on the hill to the west of 100, so we crossed a second creek and found it. Bad news: first two night controls ... first two mistakes. It didn't bode well for the night ... and it was still raining.

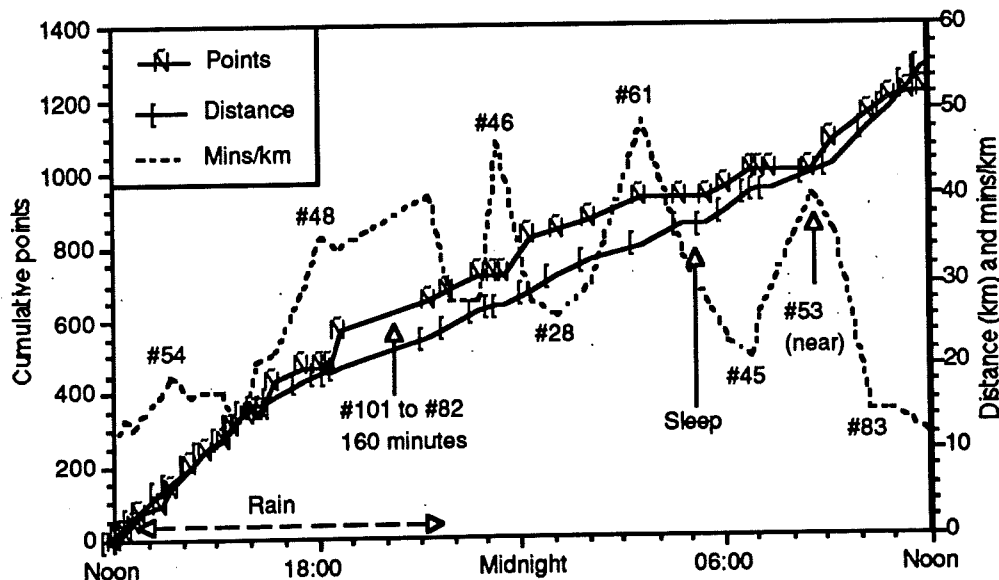
The following leg from 101 to 82 took us 160 minutes and was probably the hardest we've ever done. For those of you who didn't

get to that select area of the Budawangs, don't bother! The first marshy area near Crafts Crown was thick enough, and then we nearly fell over some big cliffs on the north side of it. But the coup-de-grace was the Hoddle Creek mire, which cannot be described politely. There are probably hundreds of botanical and zoological species in there unknown to science which will never be found. At times the only way to progress was to fall flat forward, struggle up and climb over what had rebounded. Then do it again. And again. And then the hill up through the forest to the saddle below Hoddle's Castle Hill was steep and covered in prickly, trip-you-over vegetation.

After that, on the way down to 36 three things happened which cheered us up no end: (1) the rain stopped and we could see the spectacular cliffs all round in the moonlight, (2) we passed the first group going the other way round the map, and (3) we could walk on tracks for the first time since 16:20 (5.5 hours). But it wasn't all easy! Styles Cave (46) was a struggle to get to through horrible vegetation (did anyone find a bushwalkers path up to it?). We pitied the people in the tent near 100 in the Hidden Valley: quite a disturbing night in the wilderness. Our worst mistake in the night was at 61 where we got totally confused by the cliffs and wasted about 40 minutes. The moon had nearly set by now. As we walked (in our sleep) north up the track we realised that we had no idea where to leave the track for 35, so dropped it, went 5m from the track, lay down and were asleep within seconds. 45 minutes was just the job and we made good progress through 34 to 45 and out to the track for breakfast.

We dropped 29 as time was getting low. Our most stupid mistake of the rogaine was still to come at 53. It may have been a difficult control to get to, but we didn't even get close. We got the gorges confused and were looking at the junction 300m to the south, trying to work out why the cliffs didn't tie up. Amazing what stupid mistakes the brain makes when tired. The rest was plain sailing (just look at those minutes per km go down!), picking up easy points from near tracks, often in the company of Sue, Julian and Bugsy who we just kept seeing! We got greedy at the end and went for 11, made a mistake, relocated on the clearing edge (not gone far enough NW up the spur), had time to go back and get it and managed to struggle back to the hash house with three minutes to spare.

We had a great time in the Budawangs. Our thanks to the setters and organisers!



AUSTRALIAN CHAMPS



AUSTRALIAN ROGAINING CHAMPIONS!

13 - 14 MAY 1995

SUPPORTED BY

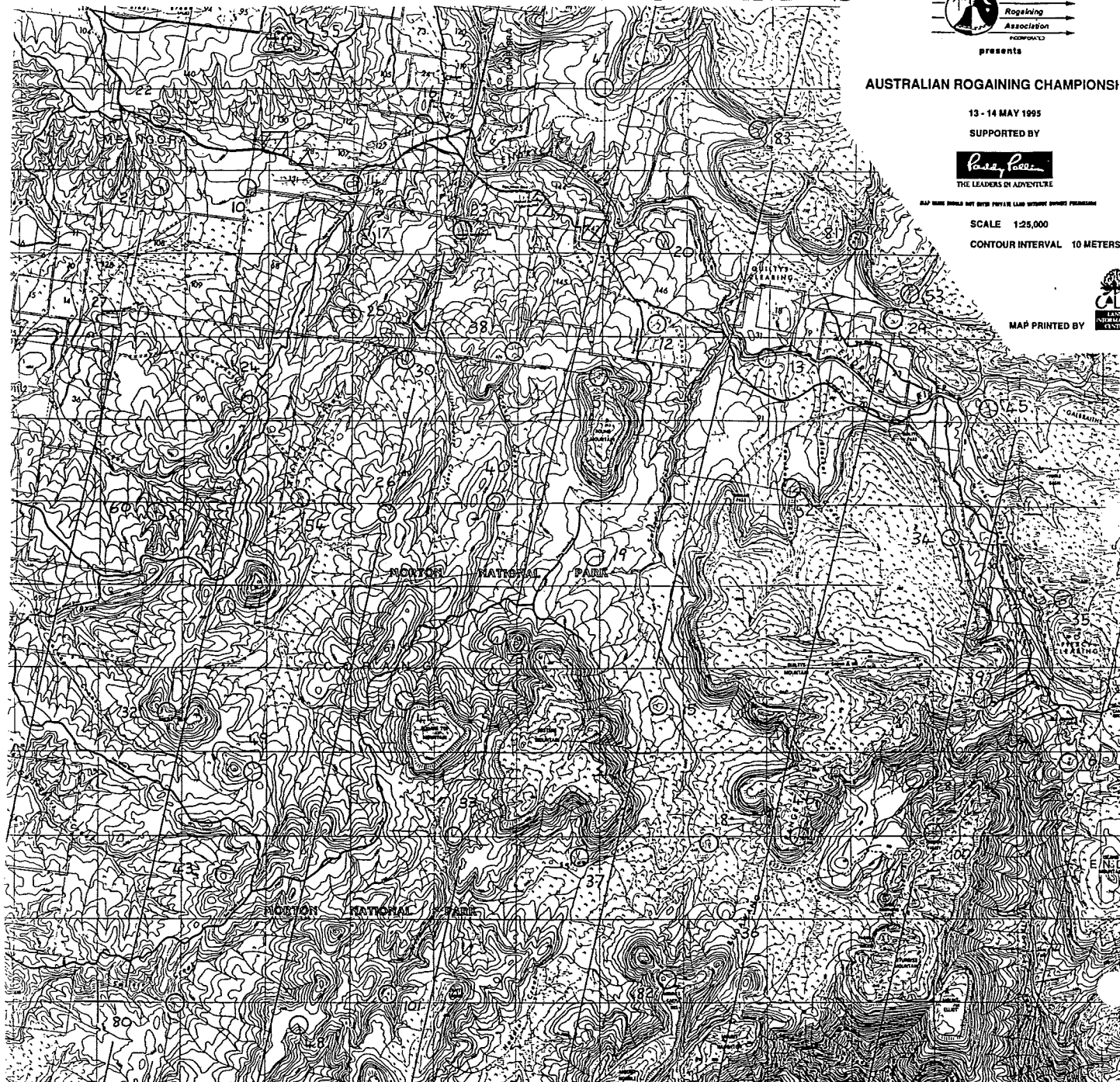


MAP USERS SHOULD NOT ENTER PRIVATE LAND WITHOUT OWNER PERMISSION

SCALE 1:25,000

CONTOUR INTERVAL 10 METERS

MAP PRINTED BY



MORE MIXED FEELINGS

I still have mixed feelings about the Aust Champs: on the one hand a poor event to be forgotten, on the other, an opportunity missed, and yes, it was spectacular.

Given pre-entry information of a flat and open course, I chose a fast partner and planned for an 'ultimate' performance. My partner, Tasmanian Tim Sloane holds the record for the Overland Track (8:20) and is Australian record holder for 100km (about 6:30 - two and a half marathons at 2:40 pace). He had done one rogaïne - a 12 hour event a few years ago with friends in WA. Fortunately, at the last minute, I convinced him to take gaiters and O-pants...

Well, as you know it rained, in fact 36mm in the first 8 hours of the event. It was not long before my map started to fall apart. I had my map in a plastic bag which split, while

the cheap 'contact' (not the real stuff) I had put on Tim's map was falling apart too. After a hot Aust Champs last year and a warm Vic Champs this year, I had brought 'summer' food rather than 'winter' food. My Exceed needed water and the water chilled me. I had made the decision to not take the raincoats, which seems stupid now, but a quick call to Cathy had confirmed that little rain had fallen in Melbourne. The event started in warm 20 degree weather. I was very conscious of travelling light and fast.

Even with three Helle Hansens and thermal gloves I was shivering as we waded through jungle which chucked buckets more water over us. The weather was incredible. At 3 in the afternoon, the clouds hung low and it was dark while the rain just belted down.

Several psychological factors took hold. We did almost 6 hours of jungle bashing, with no end in sight. The navigation was simple, with many dog-legs, so we could not break away from other teams. I really don't like

dangerous terrain, especially in the wet. I realised the risk in us continuing with me in doubtful physical and mental state and with only one navigator.

Conservatism never fails, and this time it won. Having done well in a few rogaines, I think I can justify taking a few risks to produce a higher level of performance. Looking back I see a convergence of pressures - work, travel, responsibility for the team's gear, preparation, navigation...

I was quite excited about the event after reading the description of the Budawangs as such a 'special place'. But is it fit for rogaïne? I do not think that rogaines should be held in jungle and I prefer rogaines where navigation is a necessary skill. I think the course should have been set further to the west, including some farmland and removing the eastern line of controls.

(continued next page...)

AUSTRALIAN CHAMPIONSHIPS

24 HOUR - AUSTRALIAN CHAMPIONSHIPS	State	Score	Time	O	M	W	X	VM	VW	VX	JM	SM
Anthony Darr, Shane Trotter	NSW	1520		1	1							
Richard Robinson, Peter Merrotay	Qld	1500		2	2							
Michael Hotchkis, Peter Watterson	NSW	1320		3	3							
Geoff Mercer, Peter Taylor	ACT/SA	1240		4	4							
Simon George, Joanna Parr	NSW	1220		5			1					
Rob Taylor, Leigh Privett	Vic	1200		6				1				
Jane O'Sullivan, Eric Young	Qld	1170		7			2					
Sue Clarke, Anthony Maloney, Julian Ledger	NSW	1080		8			3					
Alex Tyson, Drusilla Patkin	ACT/SA	1070		9		1						
David Cole, Mark Chircoop	Vic	1020		10	5						1	
Ian Cameron, Sue Cave	NSW	1010		11								
George Takacs, Steve Wallace	NSW	990		12	6							
Liz Wood, Tony Perrott	Vic	970		13			4					
Bert Van Netten, Alfred Britton	NSW	940 11.03	14					2				
Antony & Dianne White	SA	940 11.46	15							2		
Rohan Baxter, Phillip Holman, Peter Sykes	Vic	920 11.33	16	7								
Glenn Bridgart, Ron Weibrecht	Vic	920 11.39	17	8								
George Collins, Maurice Ripley	NSW	900		18	9							
Nigel Aylott, Andrew Kromar	Vic	890		19	10							
Sue Rundle, Dave Heatley	Vic	870		20			5					
Andrew Blakers, Ian Wright	ACT	850		21	11							
Bob & Don Sayers	VRA	810		22				3				
Cameron Barrett, Brian Lane	Vic	800 11.48	23	12								
Gareth Prosser, Peter Garraan	NSW	800 11.57	24	13								
Bruce Fenton, Craig Paull	NSW	770		25	14							
John Williams, Paul Hoopmann	SA	760		26				4				
Paul Fischer, Roger Steinhardt	ACT	720		27	15							
Ian Carr, Paul Carter	NSW	680 10.02	28					5				
Mamie & Netta Holmes	NSW	680 11.59	29			2						
David Shepherd, Andrew Hill, Rob Preston	NSW	670		30							1	
John & Val Hodsdon	NSW	650 11.47	31							3		
John Whittington, Miriam Palmer	Vic	650 12.09	32				6					
Phil Scott, Bryan Coolahan	Qld	640 10.42	33					6				
John Ulrichsen, Annie Whybourne	Qld	640 11.54	34				7					
Alan Daley, Andrew Hook, Dan Colborne	Vic	620		35	16							
Tim Robbins, Kerry Gigante	Vic	610 11.25	36				8					
David Cullen, Paul Davey	NSW	610 11.40	37	17								
Neil Prosser, Andrew & Peter Black, Dean Knight	ACT	600 11.52	38	18								
Gary Smith, Tim Smallwood	Vic/NSW	600 11.57	39	19								
Steve Garlick, Rosemary & Rodger Austen	NSW	580 11.28	40							4		
Denise Pike, Peter Grover	Vic	580 11.41	41							5		
Jenny & Cora Wolswinkel, Nicki Munro	Vic	560		42		3						
Kathy Saw, Anne Sawkins	ACT	550		43					1			
Damian Welbourne, Sarah Gatenby	NSW	540 11.52	44				9					
Peter Gordon, Bradley Newcombe, Warren Price	NSW	540 11.54	45	20								
Graham Anderson, Graeme Hellyer, Viktor Svarcs	Vic	510 3.33	46	21								
D & J Emmerton	Vic	510 11.49	47	22								
Graeme Cooper, Terry Cooke	NSW	510 11.55	48					7				
Andrew Haigh, Kylie Smith	NSW	510 11.58	49				10					
Phil Dunne, Stefan Ammand, M O'Halloran	ACT	500 11.32	50	23								
Madeleine Schultz, Tony Ryan, Matthew Hall	ACT	500 11.47	51				11					
David Palmisano, David Green	NSW	480 11.46	52	24								
Jenny Altermatt, John Salmon	Vic	480 11.50	53				12				6	
Phil Creaser, Sue Quayle	ACT	480 11.58	54									
Noel Luff, Ian Kentwell	ACT	470 11.41	55					8				
William Keogh, Derek Cleland, Corinne Williams	ACT	470 11.42	56				13					
Mark Hewitt, Ben Inman	ACT	460		57	25							
Geoff Lawford, Rod Gray	ACT/Qld	450 21.12	58	26								
Mike Worsley, Robert Mills	ACT	450 8.20	59					9				
David Rowlands, Tim Sloane	Vic	420 20.18	60	27								
Richard Holgate, Tanya Bylart	ACT	420 11.18	61				14					
Mark Johnson, Troy Ridgeway	NSW	410		62							2	
Neil Schafer, Barry Hanlon	NSW	400 10.52	63									1
Mark van Gorp, Brian & Mark Scarborough	SA/NSW	400 11.42	64	28								
Gary Carroll, Ian & Kerensa Thomsett	WA	390 9.26	65					15				
Kay Haarsma, Liz Wilson	SA/ACT	390 11.43	66			4						
Grant Maizel, Tracey Mitchell	NSW/Vic	380 11.01	67				16					
John Alcock, Bernard Millett, Ian Kenny	ACT	380 11.53	68					10				
David Osmond, Mathew Wells, Conan O'Brien	ACT	370		69	29							
Tom Landon-Smith, Novak Thompson	NSW	360 19.26	70	30								
Gary Jackson, David Nicolson, Ian Winn	SA	360 19.53	71	31								
Liz Bourne, Eric Andrews	Qld	340		72						7		
Graham Moon, Frank Ongania	ACT	330		73								2
Bob Kenderes, Ros Woolley, Mal Wilson	ACT	320		74				17				
Geoff Bailey, Kate Malfroy, Trevor Gollan	NSW	310		75				18				
Rowan Wiltshire, Andrew Wisniewski	NSW	300		76	32							
Alina McMaster, Michelle Privett	ACT/Vic	280		77		5						
Gordon Johnson, Glen Poulter, Wayne Paulson	NSW	270 18.55	78	33								
John Keats, Ian Payne	NSW	270 9.58	79					11				
Martina Honey, Geoff Mackay	Vic	240		80				19				
Bert Stefaniak, Mario Springolo	ACT	230 21.20	81	34								
Alan Mansfield, Sonia Kupina	NSW	230 10.20	82					20				
Aneil Sekhon, Andrea Talty, Stephen Mayes, Dan Watters	ACT	230 11.34	83					21				
Ian & Sweet Rank	NSW	220		84				22				
Kim Hazeldine, Sarah Milne	Vic	200 10.20	85			6						

MIXED FEELINGS (continued)

The area was described as 'mostly open forest'. Descriptions of terrain are now so commonly abused that they are meaningless. But if the terrain had been described truthfully in the event promotional material, I would have approached the event differently or stayed home.

And I haven't even mentioned the HH. Tim is a vegetarian, but fortunately he brought his own food! There were some major organisational problems here, such as a lack of serving space, no self-serve, lack of variety.

My personal lessons:

- 1) Build greater strength and fitness to overcome fear of carrying unnecessary weight.
- 2) Relax and enjoy rogaining.
- 3) Never give up until the event is over - others are probably finding it tough too.
- 4) Always take too much gear and food

Action:

- 1) ACTRA should take immediate steps to study the Hash House practices of WARA to ensure that food and service is dramatically upgraded.
- 2) Organisers must describe the rogaine terrain as truthfully and with as much detail as possible in pre-entry information.
- 3) Rogaining course setters should set courses, especially for the Australian Champs, with as much variety as possible. A little difficult terrain is okay provided participants are clearly forewarned and can avoid the area if desired.
- 4) Set easy navigation checkpoints near the hash house and progressively harder navigation toward the extremities. This is particularly important if a concurrent shorter event is held.
- 5) Are the event organisers permitted to give you a second map at the Hash House during the event?
- 6) I suggest that there should be greater control of the Aust Champs by the ARA so as to ensure the event is organised well in advance and certain standards are met.

David Rowlands

AUSTRALIAN CHAMPIONSHIPS

THE BUDAWANGS, 13-14 MAY 1995

24 HOUR ... continued	State	Score	Time	O	M	W	X	VM	VW	VX	JM	SM
William Proctor, Paul Sandilands	NSW	200	10.30	86	35							
Steve Harrison, Phil Carter	NSW	150		87	36							
Susan Berry, Judy Cotterill	NSW	140	18.00	88		7						
Dylan Shuttleworth, Ben Cebon	Vic	140	20.28	89	37							
Rod Napier, Noel Faulkner, P Brown	ACT	140	11.42	90	38							
John & Elizabeth Walter	ACT	120		91							8	
Tony & Jennie Bond	NSW	50		92							9	
John Stewart, Ted Booth	NSW	-150		93					12			
15 HOUR		Score	Time	O	M	W	X	VM	VW	VX	JM	SM
Alan Garde, Arthur Kingsland		460		1	1							
Peter Shepherd, Nick Dyllewski		440		2				1				
Robyn Tuft, Meg Thornton		420		3		1						
Dick Walker, Lisa Phillips		410		4			1					
Bill Keating, Kristina Sands, David Noland		400		5			2					
Bruce Hyslop, Jane Pullford		350		6			3					
John Barnes, Mick Roberts, Rohan Prowse		340		7	2							
Michael & Annette Billingham		330		8			4					
Peter Hinds, Cameron Osborne		320		9	3							
Ron, Rachel & Mike Hutchings		290		10			5					
Nihal Danis, Richard Sage		270	20.39	11			6					
Chris Stevenson, John Bowles, R Catchlove		270	21.07	12	4							
Brendan Berghout, Tricia Truelove		270	10.15	13			7					
Roz Atkins, Frances Martin, Renate Griffiths, Gail Roland		270	10.32	14		2						
Francis Rosser, Russell Taylor		260		15	5							
Hugh Moore, Judith McNeill		240		16			8					
David & James McFarlane		220	10.30	17	6							
Mel Mill, Betty Chen, Stuart Terry		220	10.35	18			9					
Steve Jackett, Steve Lloyd		210		19				2				
Alan Dalton, Chris Allen, Dianna Horvarth		120		20			10					
Mike Hanratty, John Oakley		120		21	7							
Carol Osborne, Dawn Hinds		110		22		3						
Scott Smith, Lynda Le Vaillant, Chris Mlynrik		100		23			11					
Anne Francis, Merv English		80	15.36	24			12					
Sarah & Nikolas Lam		80	10.32	25			13					
Kristin Young, Richard McNeill, Chris Everett		70	17.54	26			14					
Debbie Hotchkis, Mary-Kate Pickett		70	10.58	27		4						
John Guilly, Robert Bartle		50		28				3				
Peter Beresford, Sharon Oxenbridge		40	17.17	29			15					
Peter & Bernadette Truesdale		40	17.18	30			16					
Phil Brammer, Adam Wightman, Glenn Strkalj		10		31	8							
Anna McKinlay, Liz Brandon		-30		32		5						
8 HOUR		Score	Time	O	M	W	X	VM	VW	VX	JM	SM
Denis Vanzella, Klaus Pinkas		380		1	1							
Colin Hayhoe, Mick McLennan		360		2	2							
Gary Catcheon, Dave Southgate		330		3				1				
David Clark, Kevin Cox, David Pederson		290		4				2				
Keith Thorne, John Winter, Ken Anderson		280		5	3							
Brian Angwin, Deb Cook, Tom Pickard		270		6			1					
Penny & John Foster		250		7			2					
Simon Anderson, J Guyon		220	16.56	8	4							
Jenny Horsfield, Anne Chapman		220	18.44	9		1						
Mary Ann Graham, Karen & Gary Oughred, Stephen Sonter, Peter M.		220	19.00	10			3					
David Cleland, Michael Mobbs		210		11	5							
Laurie Lee, Steve & Simon Lambert		170	17.33	12	6							
Ian & Janelle Deck, Yvonne & David Daah		170	18.52	13			4					
Colin & Darren Southwell, Tristram Blakers		170	19.21	14	7							
Mark Suters, Klime Zengoski		150		15	8							
David Grainger, Ian Booth		140		16				3				
Sharon Johns, Jenni Marsh, Ashley Marsh-Croft, Jim Croft		130		17			5					
Steve Sutton, Tony Faulkland, Geoff Wells		110		18	9							
Robert & Amanda Perry		100		19			6					
John, Emma & Henry Roberts		90		20			7					
Paul & Duncan Forster		80		21	10							
Lyn Circulis, Judy & Ken Chapman		60		22			8					
Des & Jenan Cannon		20		23							1	
William McLaughlin, Julie Saril		-1180		24							2	

Categories: Open, Men, Women, miXed, Veteran Men, Veteran Women, Veteran miXed, Junior Men, Supervet Men

ARA PERSPECTIVE

Peter Taylor

President, Australian Rogaining Ass'n

It requires a significant investment of money, time and effort for a competitor to travel to an Australian Championships and I believe that people who do travel to the event are entitled to expect value for money. For this reason I have decided to write down my thoughts about what are the ingredients of a good championship rogaïne. Not everyone will agree with everything that I say, but I would be surprised if most of the Australian Championships regulars disagree with much.

For this reason, I hope that this article may prove useful to you if you find yourself setting a championship rogaïne in the future.

To state my credentials, I have been at the last eight Australian Rogaining Championships, seven of them as a competitor, and one (Wyacca Creek in 1991) as one of the setters. During this time I have rogaïned in all of the mainland Australian states apart from Queensland and once in North America. Without wishing to criticise any organisers specifically (I know how hard it is to organise a big event and my sincere thanks goes out to the organisers of all the above championships), I do think that, in

general, we haven't been very good at learning from each other how things should be done. It has occurred to me that this may be because a lot of Australian Championships organisers may not have been to many events outside their own state, and don't really know what goes on elsewhere.

I have jotted down some thoughts on some of the aspects of rogaïne organisation that I think are important, and which have been less than ideal at one or more of the recent Australian Championships. I would encourage others to write about their thoughts in relation to these and other things.

(continued page 8)

ENJOY THE
CHALLENGE
OF YOUR
NEXT
ROGAÏNE



CONTACT



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AND LAND MANAGEMENT

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A FIRESIDE CHAT WITH SUE CLARKE

Let's imagine you are well fed, around the fire, after a 12-hour rogaine, a glass of port perhaps? And look, here's Sue Clarke too. Let me, your humble editor, ask the questions and you just listen...

Hi Sue. Tell us, when and how did you get into rogaining?

Wingen (1987), with Sally Biddiscombe. Met Karen and John trying to find the way out of Bungonia Gorge at the QBIII [orienteering] in 1987, and they invited me to go cross-country skiing with them. There I met Sally & John Bishop and ended up on a 6-hour rogaine. Sal got pregnant and now has four littlies as an excuse not to team up with me again!

Why did you come back for more?

Because we didn't win! We had gone for maximum controls, not the big points, and I realised this was not an efficient way to go. Next I did a 12-hour with Karen & John, and had my first serious encounter with leeches. I was hooked! My first 24-hour was Dingo Dell in 1989 with a fellow 24-hour novice, Ian Diamond. We won the mixed, despite a four-hour sleep back at the HH, but we did run just about everything that was runnable on that course. When I complained of feeling tired while trying to out-run Darryl Erbacher back up a spur at about 8am on the Sunday, my partner threw a muesli bar at me and told me I wasn't tired, I just hadn't eaten enough. I didn't believe him then and I still don't - I was very tired!

What's your best memories of the sport?

How many am I allowed? Finding the control in the saddle after a long cross-country leg in the dark at Dingo Dell; watching the sun rise from the control on top of Bald Mountain at Oberon; just being out in the Flinders Ranges on a clear night in the 1991 Oz Champs; eventually wearing Chippy down, after a mere 22 hours at Wellington ... the only time he has ever been quiet on a run; taking a back bearing off the pub at the Oz Champs last year and promptly spiking the control...

What are your worst moments while rogaining?

Falling through a rotten log en route from Lost to somewhere-else at Nowendoc, after an hour or more of impenetrable bush-bashing (although at least I got to claim concussion for the next hour or so). Funny how few of the bad bits I seem to remember ...

Have you rogained outside NSW? What's been your favourite areas?

The Flinders Ranges - even though we did spend a couple of hours off the map! It was a magnificent area.

You've proven to be a most competitive rogaier over the years; what sort of training do you do? Have you any special preparation for an event?

Before the Oz Champs in the Flinders we were doing two longish runs (1-2 hours) a week plus 40-60 minutes on the other days, and had our worst result! Generally I like to run most days, with one longish run, swim 2 or 3 times a week and orienteer/rogaine on weekends. I don't have any natural speed, but can usually keep going for as long as it takes. Oh yes, and I also build up endurance by listening to Chippy's recipes and awful jokes on what is usually my hardest run of the week!

You've been extra competitive in the 6-hour events, most notably the Paddy Pallin at Glenbrook ... how much do you run on a course?

I object - I've won the mixed in at least two 24-hour events too! Dingo Dell with Ian Diamond & Oberon with Julian Ledger.

For 6-hours, we run all flat & downhill unless it's really thick. Uphill only if Chippy is telling one of his worst jokes & I want to hear the punchline. For 12-hours, jog the flat &

downhill tracks & some bush if we are feeling fit & it's not too thick. For 24-hours, not much! Sometimes we dump our packs for an out & back, & will jog then, or if we are feeling particularly energetic. At Dingo Dell we ran a lot, but I really needed to take a time-out in the middle of the night. I was also pretty fit then. None at all in the recent Oz Champs at Nerriga, but then I was convalescing from a stress fracture in my foot. It also depends who I am with, although Tony and I have done events where we have run quite a bit & some none at all. It is usually written into the

partnership contract in advance - for example with Julian at Oberon I was only allowed to run if I couldn't keep up with his walking pace. We had a great time in the recent Paddy Pallin, and ran quite a lot. Almost all the tracks (even uphill at times...) & a fair bit of the bush, as it was pretty open, at least until our fatal error in the last 15 minutes, when we tried to hack straight through the marked swamp.

[continued next page...]



Sue after winning the Paddy Pallin at Glenbrook in 1991. That's Chippy Le Carpentier behind her (and it looks like Mike Burton's scalp further back).

A FIRESIDE CHAT WITH SUE CLARKE

Have you received any injuries from rogaining?

Not specifically, but last year I was off for 5 months with a stress fracture in my foot. It happened on a training run, but obviously was due to the cumulative effects of running. I don't count the numerous leech bites, or the splinter under my thumbnail that my dentist had to drill through the nail to release!

Do you have any preference for a specific type of rogain? 6, 12, 24, Metrogain, Paddy Pallin etc?

I like them all! The Metrogain is fun but I don't take it seriously, although I have offered to set one in the future & I definitely think it should stay. The Paddy is hard work because you have to run so much & there is less time to compensate for mistakes. My real favourite is the 24-hour, although there are always times when I wish it was much less (usually round about 11pm, when I think how nice it would be to be headed back to the HH & a nice cold beer round the fire...)

I guess the short events (6 or 12-hours) are good fun, while the "real" rogaines of 24-hours are more morally uplifting - at least in retrospect!

You gained a reputation a few years back for destroying partners but I perceive a few rogains in your teams nowadays. Was it true?

I wouldn't have used the word "destroy", but yes, it is true that my first two partners got pregnant and the third ran off to South America immediately after rogaining with me. Oh yes, and my first 24-hour partner went back to the UK to live..... Perhaps I have just become more of a greenie & go in for recycling more than I used to? Actually I enjoy rogaining with different people - you usually learn something new about the sport. And I have been faithful to my Paddy Pallin & Metrogain partner, Chippy. Except for '92 when he was overseas & '93 when I was, we have always run together although we do sometimes take a third runner with us. We even managed 24-hours at Wellington together (how many other wives would not only send their husband off to spend the night with another woman, but make sure he had a big bag of home-made cookies with him to keep them going as well? Thanks Sue). Then of course there was the visiting Swede who piked out of joining us on this year's Paddy only 2 days before the event. And I still haven't found out who it was that talked to him.....

But perhaps you should really be asking my (ex-)partners this question, one of whom sent me the very appropriate birthday card printed in the last newsletter.

You normally compete with men in your team, rarely with women. True? Any particular reason for this? I raise this because we obviously have a lot of women at rogaines, in mixed teams, and only a few all-women's teams. Why do you think this happens?

Perhaps the men just like rogaining with women! Especially if the man feels he is not really fit, or just wants to go out for a social event, I think he feels there is less pressure with a female partner who is often not as fast as he is. Obviously there are some very competitive mixed teams (Jo & Simon, for instance) who are always going to rogain together if they can. There are certainly a lot more male rogainers than female ones, which leaves few women to form their own teams. Also most of the women I know tend to compete in mixed teams with their own men. I have no intentional gender-bias when looking for partners, its just that there aren't too many suitable female rogainers out there on the "desperate & dateless" rogaining scene. It is far more common for the male half of a couple to be the only rogainer, and where the female half also rogaines they usually team up together. That leaves a dearth of unattached female rogainers looking for a one-night (and the best part of two days) stand. However I have rogained with women - my first Paddy Pallin (all 3 hours of it - those were the good old days) with Anne Darvo, my first 6-hour with Sally, a 12-hour with Elizabeth Seidl (who carried a complete presentation box of Turkish Delight around with her - most delightful) and the Oz Champs last year with Annette Billingham, whom I am about to re-cycle for the NSW Champs this year.

It's been suggested that women and rogaines are incompatible because a lot of women's periods coincide with the full moon. Any comment?

Personally I am far more concerned about the problems of contact-lens wearers! Just ask Warwick (don't move - I just lost my lens to this lovely thick bush.... we can't possibly go on until I find it). Of course, as we all know, it is extremely dangerous to wash your hair or take a shower during your period, but then these things have never been the main concern of rogainers as far as I can tell. On the other hand, it is considered that women tend to be a little irrational at this time, and it is obviously such a rational choice to spend your Saturday night roaming around the countryside in the rain/wind/cold instead of being tucked up safe at home in bed, that its quite amazing that there are any female rogainers at all.

What would you like to see of rogaining in the future? Does it have a future as a sport, or do we need changes?

I think it definitely has a future as a sport, and this will be enhanced if we concentrate on removing the element of luck involved, by ensuring that controls are placed in the right spot (& I am guilty here too!), and are not "bingo" controls. The control should be readily visible from all sides once you have navigated to the feature, even in the dark. This makes the sport more objective, and

therefore gives it more credibility as a "real" sport. As this all requires more effort from those involved in the organisation, it is clearly the obligation of all rogainers to do their share for the running of the sport. Again, I am not without blame - I have taken far more from the sport than I have put back ... so far at least.

Should we keep promoting? or do we have enough people in the sport as it is?

Hmmmm.... selfishly I prefer not to meet too many other teams out on the course. Usually this happens, although at the Oz Champs this year at Nerriga there appeared to be one approved route for all mixed teams - at one point we were in a pack with at least 4 other mixed teams for several controls. I prefer to come across some other idiots every few hours, just to remind yourselves that there is other life out there. I guess if we want to be taken seriously, we do need to promote the sport, although I am not sure where the best place to do this would be.

You and Chippy set the Paddy Pallin course last year. What was that experience like? Is it harder than organising an orienteering course?

We thoroughly enjoyed it. A chance for revenge on all those other course-setters (if we make this one worth 100 points, Bert/Trevor/Julian etc. will be sure to be sucked in...). It also helped us with our own navigation. Obviously you have to be more precise when there is no flag to find, and it was good to navigate without any time pressure. I enjoyed the whole experience, from the armchair setting right through to collecting the controls. And rogainers are more appreciative and less critical than orienteers, I think. We are looking forward to setting the Upside Down next year (Warwick has already passed the map on to me & is trying to allay my fears that there aren't enough brown lines on it for a rogain!) and we have applied for the Metrogain sometime in the future. I would also like to set a 24-hour event, but then I'd have to miss out on running in it. Still, at least it would mean one less partner to find...

I don't know if it is harder to organise than an O event, as we were lucky to have Warwick & Julian as our organisers, & were left free to concentrate on the course-setting. I have never been involved in the actual organisation of an event - and am really very happy about that! There are fewer competitors involved, and the time-scale is much longer, including the collecting of controls, so that makes it a bit easier, but then again the events are often more remote than an O event. There are also far fewer regulations about what you can and can't do at a rogain, which leaves much more scope for the organisers!

Thanks Sue.

ARA PERSPECTIVE

(continued from page 6)

The Event Site

Terrain is very important in rogaining. In particular I think rogaines suffer badly if the vegetation is too thick. Course-setting and route choice becomes badly compromised. I don't think anyone including setters, vetters, checkers, competitors and the people who retrieve controls after the event, enjoys bashing through endless tangled vegetation, so why set an event in an area where this is necessary?

Obviously there will often be a small amount of thick vegetation somewhere in a rogain area, but, in general, the terrain should provide easy going.

An ideal rogain area allows controls to be set which offer a navigational challenge at the level that is appropriate to the scale of the

map. Usually this will mean that controls need not be set on major creeks or summits (although I have no objection to controls that give good views). In my experience these requirements are usually easier to satisfy in dry to semi-arid areas such as Wyacca Creek or Bethunga than in thicker forested areas. I'd like to encourage setters to think more about the possibility of setting big rogaines in areas like this.

Event Duration

An early draft of the technical standards had a clause which stated that no event of shorter duration be held in conjunction with the twenty-four hour Australian Championships. Due to a lack of consensus among rogaining states, this clause was removed in the final version of the standards. I do think, however, that organisers should be careful with the events, if any, that are set in

conjunction with the Australian Championships.

It seems that there is a market for shorter events and that there are people who will enter an eight or twelve hour event who won't enter a twenty-four hour event. For this reason I don't have a real problem if an eight or twelve hour event is set in conjunction with the Australian championships as long as the Australian Championships receives the premier billing. Consequences of this are that there should be no concession to the shorter event in the course setting and that the presentation should be held at a separate time.

(continued on page 14)

PADDY PALLIN 6-HOUR

BURRALOW, 4 JUNE 1995

A WORLD RECORD CROWD?

OK, before I get into the praising, first an apology. I will from now on never criticise any of the organisers of a rogaine, ever again. Gee, there is a lot of work behind the scenes which you never ever see, and hence only find out once you have organised one for yourself! As you can gather from that last sentence, this was my first go at really organising a rogaine (yup, I was a novice - just like so many of you competing this year). The only other time I helped was at the first Upside Down Rogaine two years ago. At that time I hung a few of the flags and helped with the catering on the day - all the fun without the responsibility! This time I was fully responsible for the course setting, that means the mistakes I made and those of my helpers. But of course, there were no mistakes - just opportunities to learn (and there was only one of them ... well maybe two but nobody noticed the second!).

Having said that, it was rated as one of my best achievements! Naturally, an individual doesn't get much done by themselves, so a HUGE thankyou to my team who made this day run so smoothly: (Hmm, better get the credits in before you all leave - though I must admit the spot prizes did drag on - but only because there was so much to give away!)

Course Setters: A big thanks to my two main helpers Anthony Dunk and Robert Loader. Plus all those who put in some time: Cameron & Mel Shorter, Mark Dunk, Julie Histock, Nila (Oh, that's a creek junction) Samma and Paramvir Thind.

Course Vetting: Thanks to a great observer Anthony Darr for finding our mistakes before you did (you should have heard his triumphant answering machine message after he became this years Oz Rogaining Champ! No ego problem here!)

Admin on the Day: Where would I have been without Melanie Mill's initiative? Plus those who worked furiously adding nearly 240 teams scores: Anthony and Mark Dunk, Cameron and Mel Shorter, Robert Loader, Darlene, Otilie and Andrew.

Of course we can't forget our friends at Paddy Pallin who typed in more than 640 names: Jason Hughes, Jennie and Sally.

Plus the experience and help of those who know how to organise a rogaine: Julian Ledger and Warwick Marsden.

Our friends at National Parks and Wildlife for finding the area: David Crust and Paul Godfrey.

And last but not least, those who fed you so well: Alan Gray and the 1st Waitara Scouts (Parents!). For those who missed, Saturday nights dinner menu was: chunky

style minestrone soup, schnitzels topped with tomato and melted cheese, vegetables, potatoes in their jackets with sour cream and chives, plus a choice of either apple or apricot pie with cream or custard (choice? nah, have both with cream and custard!). Special thanks to their bus driver - 10 point turn? No worries mate! I promise to provide easier access next year! (Whoa - did I just imply I was doing this again??).

Now to the presentation. So where do you think \$1000 dollars of your hard earned entry fee disappeared to? No, not my pocket (damn!). As Paddy Pallin himself did (yes, he was a real person) we this year donated \$1000 to the Wildemess Bushwalkers Search and Rescue Association. Thankfully, they were not needed on the day, however if you ever need them they will have better equipment thanks to your participation in the event!

Phew, the presentations and credits are over! Now to the course. I have to concede that checkpoint 60 was 40 metres south of where it should have been, though it was still inside the red circle. What? Not a good enough excuse? Can I blame Nila and Paramvir? Well no, especially after I moved the tape when I hung the marker (their original location was not distinct enough). What about the Vettor? Damn, he vetted the tape correctly and agreed it was not distinct, hence the move. Hmm, that letter "I" appears too often. Does that mean it was my fault? OK, since all abuse is to me I'll own up! I admit I didn't get it re-vetted as the guidelines recommend. But the rogaine was the next week I claim? No excuse! I learn the hard way.

Though it wasn't as bad as it seems, 28 teams found the checkpoint, 4 raised official complaints. How many looked I don't really know but a rough estimate is around 40 teams, guessed from the number of teams at the three closest checkpoints (31 teams visited #40, 27 visited #41 and 52 visited #20).

No other complaints were officially raised about other checkpoints (well maybe one, John, though 81 teams did get it) which means, if you were navigationally embarrassed ...

So how did you find the course? Any feedback is appreciated, since if we don't know what you enjoyed or disliked how can we change our habits? Leave a message on my home answering machine (ie. call while I'm at work if you'd like to avoid me!) Phone: 02-557-7101.

All rogaining courses show the bias of the course setters, and Buralow gives a pretty good idea of what I like in a rogaine: (1) No mountains. OK, only one depending on route choice, but you got to run downhill on the way home (gee and did you guys run, going by the number of red faces and heavy breathing at

the finish line!) (2) Plenty of loops, but none of them connected! (Bastard!) This makes it a thinking rogaine, where route choice for the high pointers is more important than running flat-out on the roads. (3) Feature based navigation, to make it challenging for the medium to good rogainer (a Rogainer's Rogaine as someone put it). You need to know exactly where to leave the road (no pacing required, you can do it purely by landscape, not road, features), you need to watch your compass to avoid for example, going down the wrong spur (#61, #51, #30, #46, route #53-#100, #54), and you need to watch the landscape on your route there (eg which saddle: #55, where's the feeder creek: #42, #62, #44).

Naturally, since this was the Paddy Pallin (ie. plenty of first-timers), I had to make it look less scary, hence a hand-holding road running through the centre with most checkpoints less than 500m from it. That way, if you were lost (ahem, geographically embarrassed, or simply enjoying the view!) you could head for the road, then follow a team to the next checkpoint (whoops, did I say follow? Hands up all those who followed the leader past checkpoint #24 right at the start?! If you're lost, chances are the team you're following has no idea either!). There was a number of easy ones near the Hash House (#22, #26, #35, #25, #33, #45, #32, #24, #10 and the very beautiful #56) though not as many people visited these as I expected - maybe they weren't worth enough? However, these covered the prettiest and most scenic parts of the course (lots of ferns, a waterfall, views from #25, #33, and #50). I think too many were tempted by #70! What was your route choice and why? Give me a call now!

Some "made my day" awards:

The first goes to team 124, the Greg Miller team of dedicated Scouts (14-year-olds) who made the heroic journey to the top pointers #90 and #100, scoring over 500 points. Unfortunately, they ran out of steam and came back 50 minutes late! Bummer, a score of -70.

The second goes to team 128, Merv English and Tony Bond, a veteran team. They have obviously been doing this sport for a long time - I mean they don't need to see the squares on the control card. They punch by instinct. This must be the case since they used white contact on their control card (ie. not the see-through stuff!).

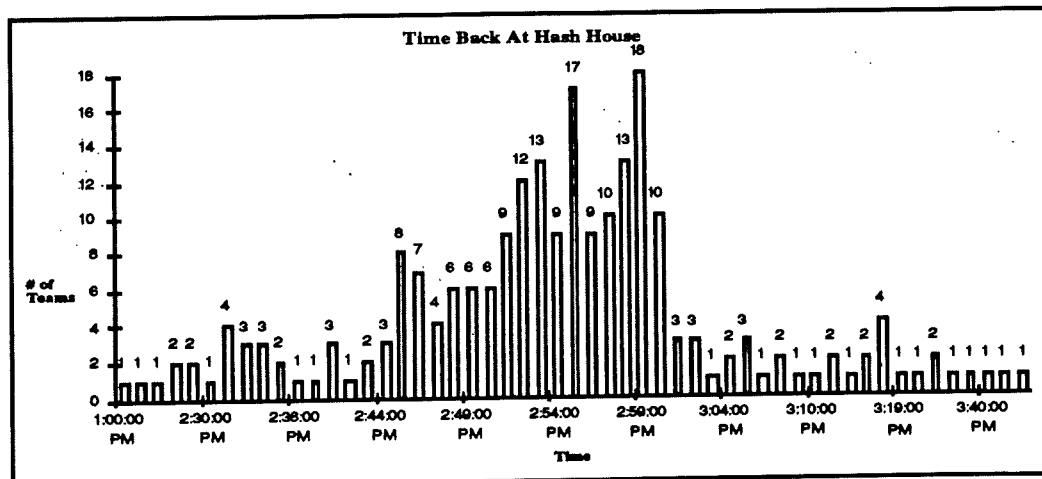
A third to team 143. Thanks for bringing back your control card, even if it was in little pieces!

A fourth to the 92 teams (out of 240) who came back in the last 5 minutes!!! (What!? 1 team every 3 seconds!!!). Only 35 teams were late. 194 teams (80%) came back between 2:45 and 3:15pm. That's one team every 5 seconds!

A fifth to the admin team coping with this rush! People, if you want the results out any earlier next year, maybe you should attempt to get in earlier!

And finally, an award and thanks to all of you who attended, making this the biggest rogaine ever!! Definitely a world record!

Stephen Castle
Paddy Pallin Co-ordinator



PADDY PALLIN 6-HOUR

BURRALOW, 4 JUNE 1995

ANYTHING TO GET TO THE PADDY PALLIN ROGAINE

Saturday night at 6pm and we were supposed to meet at the campground - the start of the rogaïne. Tom was bringing the food from Dubbo and I was bringing the plates, billys & cups from Canberra. Tom arrived, put up the tent and collected firewood. Meanwhile I had left Canberra at 1:30 and got to Lake George before the car broke down. The NRMA finally turned up about 4pm to

say the car needed to be towed back ... so another wait for the tow truck and back to Canberra at 6pm. I fretted for an hour as I couldn't contact Tom at the campground, then I walked down to the service station and hired a car. Eventually I got to the Blue Mountains National Park and the campground at 11:30pm after failing to evade the police and a \$50 speeding fine! ... and Tom wasn't even yet worried, only hungry.

Well as for the rogaïne - we had a ball. Originally we'd planned to start off with a loop 31-24-10-45-33 then the controls to 22, however just before the start we had a quick change of heart and decided to leave that to

the end if we had time - this was a good move. Our next move wasn't so good though. The trip across the swamp from 22 to 56 (great waterfall) then back across to 26 was an adventure. Apart from being very wet and muddy, which was no problem, we got into some very dense vegetation which took ages to get through. In fact at one point we each took turns laying down over the thick ferns and brush while the other walked over the top. It worked fine until I speared myself in the stomach!

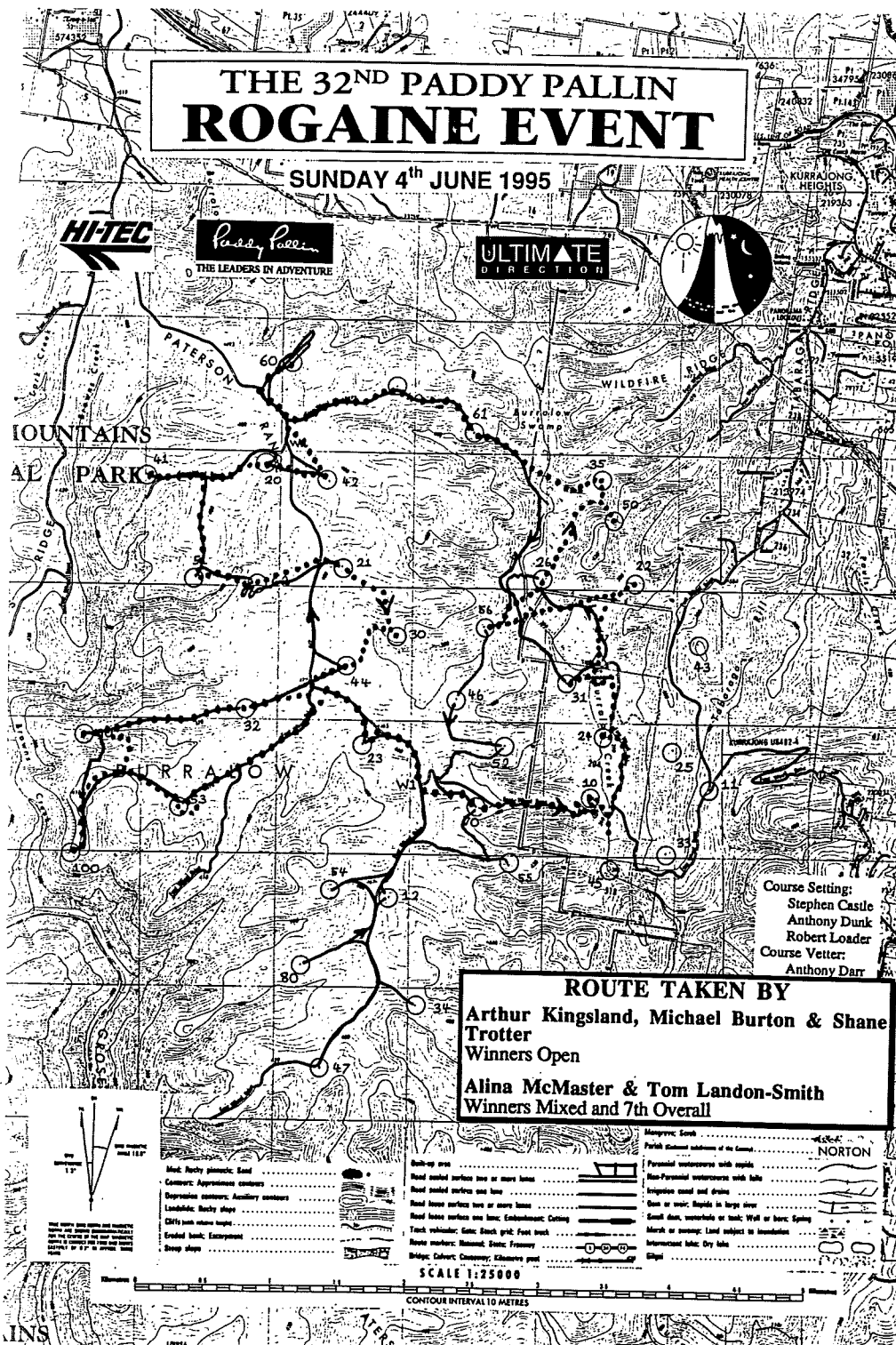
The rest went along quite smoothly. We had a bit of trouble with 60. 90 to 100 was fun but it took us longer than expected to get along the ridge. The view was fantastic from 100. We got ourselves a bit lost at 53 and went too far.

It was great fun, a great day and a terrific area.

Alina McMaster

THE 32ND PADDY PALLIN ROGAINE EVENT

SUNDAY 4th JUNE 1995



THE OTHER SIDE OF ROGAING

I kept thinking that it was about time that I helped out in the organisation of a rogaïne, instead of just competing. So, when one of the gang somehow ended up organising the Paddy Pallin Rogaine, I had the perfect opportunity.

Now, I had always sort of known that Stephen Castle was organised, but boy is that an understatement!! When we discussed the finer details of our daily "to do" list I realised I was only an amateur! I managed to drag my non-rogaing flatmate along to the event to help, and Steve took that in his stride by developing "Procedures" for the administrative start and finish details. And when I say procedures, I don't just mean boring old written procedures, but data flow type diagrams with little stick figures running between each desk in the diagram, and with the expected time in seconds each task required. (He must be a computer programmer!)

The social side of rogaing really came out in this Rogaine for me! I mean, having a leisurely breakfast on Sunday morning after everyone had run off in all directions was quite luxurious. We even had a chance to go out and explore some parts of the course and have a little training session for the non-rogaing - and not have any penalty points looming over us if we were late back. When the Tim Tams and Smarties came out at 2:30pm before the mad rush at the finish I really began to understand the advantages of administration compared to competing. At 2:45pm with only 20 teams out of 240 having finished (!) we really wondered what the next half hour would involve. But as Warwick had suggested, one minute there would only be 20 teams in, and the next it would be 3:30pm with nearly all teams back. Goodness knows what happens in between!

For those of you looking for a change of pace, I can highly recommend the other side of Rogaining.

Melanie Mill

RESULTS: PADDY PALLIN

BURRALOW, 4 JUNE 1995

Team	Score	Finish	O	M	W	X	VM	VW	VX	JS	F
129 Arthur Kingsland, Michael Burton, Shane Trotter	1140	2:58	1	1							
6 Ian Cameron, David Lyle	1130	2:58	2	2							
40 Ross Barr, Terry Bluett	1070	2:53	3					1			
151 Nick Dytlewski, Gordon Wilson	1070	2:55	4					2			
152 David Shepherd, Andrew Hill, Rob Preston	1060	2:54	5							1	
181 Bruce Fenton, Craig Paull	1060	2:56	6	3							
11 Tom Landon-Smith, Alina McMaster	1050	2:58	7			1					
121 Ian Carr, Paul Carter	1040	2:46	8				3				
178 Peter Gordon, Alan Garde	1040	2:54	9	4							
106 Joanna Parr, Simon George	1040	2:56	10			2					
203 Mike Hotchkis, Harry Moss	1020	2:58	11	5							
148 Rowan Wiltshire, Andrew Wisniewski	970	2:56	12	6							
179 Sue Clarke, John Le Carpentier	960	2:55	13						1		
61 David Cullen, Damian Welbourne	950	2:53	14	7							
99 Mary Fien, Paul Marsh	940	2:57	15			3					
17 Rowan Compagnoni, Carlo Botto, Joe Doherty	930	2:52	16	8							
58 Stephen Thompson, Kelley Blackert	920	2:55	17							2	
223 Alf Britton, Mathew Britton, Symon Molony	900	2:53	18	9							
188 Barbara Campbell-Allen, Paul Campbell-Allen, Allan Mathews	880	2:57	19							2	
53 Mark Freeman, Nicola Plunkett-Cole, Gareth Prosser	870	2:57	20			4					
52 Graham Moon, Frank Ongania	840	2:55	21				4				
85 John Hodsdon, Val Hodsdon	840	2:58	22						3		
175 Glenn Meyer, Ian Meyer	820	2:58	23							3	
43 Dick Walker, Lisa Phillips	810	2:49	24			5					
72 David Palmisano, David Green	810	2:52	25	10							
227 Rachel Williams, Andrew Haigh	810	3:04	26			6					
37 Carol Osborne, Cameron Osborne	790	2:52	27			7					
7 Greg Cave, Sue Cave	770	2:52	28						4		
46 Markus Zarins, Steve Bambagiotti, Kevin Power	770	2:52	29	11							
4 David Dash, Peter Tamsett, Ian Deck	760	2:48	30				5				
216 Anthony Maloney, Adrienne Marsden	760	2:52	31			8					
195 George Collins, Michael Harding	760	2:59	32	12							
82 Kate Malfroy, Geoff Bailey, Tim Skyring	750	2:54	33			9					
20 Steve Jackett, Steve Lloyd	730	2:47	34				6				
102 Steve Smith, Graham Payn	710	2:54	35	13							
197 Kylie Smith, Shaun Dore	710	2:59	36				10				
51 Dave Ross, Graeme Dawson	710	3:00	37	14							
205 Ben Berriman, Warren Hodgson, Paul Gilligan	680	3:01	38	15							
35 Melvyn Cox, Kathryn Cox	670	2:56	39			11					
54 Sabina Hamaty, Heide Fisher	660	2:47	40				1				
55 David Hamaty, Vy Dady	660	2:49	41	16							
237 Bett Koch, Andrew Cagney	660	2:55	42				12				
48 Tricia Truelove, Brendan Berghout	650	2:44	43				13				
219 Andrew Black, Neil Prosser, Sandra Tarr, Cathy Love	650	2:50	44				14				
64 John Barnes, Wendy Tweedale, Judith Willee	650	2:59	45				15				
38 Janelle Deck, Yvonne Dash, Peter Dash	640	2:41	46				16				
117 Mike Robinson, Philip James	640	2:52	47	17							
92 Kristiane Hermann, Kathy Hermann	640	2:54	48			2					
65 Richard Barnes, Barbara Barnes	640	3:17	49							1	
76 Ken Smith, Bob Horder, Ken Cheng, Bill Ridley	630	2:37	50	18							
157 Robert Edwards, Jeff Rose, Adrian Elliot, Colin Woodward	630	2:53	51	19							
112 Geoff Niland, Gail Siccardi	630	2:54	52						5		
208 Graeme Hill, Michelle Hill	630	2:54	53							2	
127 Andrew Perry, Laura Torrible	620	2:55	54				17				
49 Peter Charlton, Robyn Fried	610	2:55	55				18				
66 Peter Brandis, Ian Fryer	610	2:56	56	20							
156 Chris Perry, Keith Perry	600	2:46	57	21							
1 Tim Booth, Ted Booth	600	2:49	58							3	
143 Heiko Schaefer, Mark Schaefer, Ken Schaefer, Matthew Korte Kass	600	3:01	59	22							
45 Margaret-Anne Fletcher, Lyndl Gass	600	3:04	60			3					
103 Karen Darby, Tony Murphy	590	2:50	61				19				
44 Frances Martin, Roslyn Atkins	590	2:53	62						1		
170 Richard Sage, Nihal Danis	590	2:53	63				20				
206 Maureen Cavill, Bob Cavill	590	2:53	64				21				
120 Meg Thornton, Lyn Williams, Robyn Tuft	590	2:55	65			4					
2 Tracey Mitchell, Grant Maizels	590	3:01	66				22				
169 Chris Stevenson, John Bowler, David Harris, Roger Catchlove	580	2:59	67	23							
222 Trevor Prowse, Kate Groenewegen	580	3:00	68				23				
131 Michael Billingham, Annette Billingham	570	2:45	69				24				
97 Anne Francis, Lynne Trappel	570	2:48	70			5					
213 Michael Currey, Julie Currey, Simon Williams, Ian Wright	570	2:48	71				25				
136 Peter Wherry, Paul Wherry	560	2:33	72							4	
142 Peter Booth, Glenn Schwarzel, Mark Schwarzel	560	2:57	73	24							
111 Kate Brandis, Darren Gardner	550	2:43	74				26				
236 Gary Ferris, Peter Dunn	550	2:44	75					7			
194 Eric Metzke, Linda Robinson	550	2:55	76							6	
119 Peter Coventry, Kathy Coventry	550	2:57	77				27				
83 Albie Arnott, Sharon Arnott	540	2:32	78							7	
233 Lian Mack, Shane Wootton	540	2:55	79				28				
60 Garry Smith, Paul Peterson, Michael Smith, John Freeman	540	2:59	80	25							
104 Todd Delaney, Janelle Delaney	540	2:59	81								5
164 Neil Glick, Peter Morris	540	2:59	82					8			

MIXED VETERANS

Before the brickbats come the bouquets; congratulations to all and sundry who assisted in any way towards the very successfully run 32nd Paddy Pallin Classic. It was a very efficiently managed rogaine with a very interesting and diverse course that catered for all groups.

The groups. What happened to the Mixed Vet category? As is becoming the trend with rogaines lately the Veteran Group is not being allowed the privilege of intra-group competition for whatever reason.

Before all the hard-working administrators reach for pen to condemn me for whinging or nit-picking, hear me out. First imagine if, for equality of groupings, that there was only one Veteran Class and a Younger Class. A somewhat crude analogy but stop and think about it. If you happen to be in the "younger" class how would you feel?

Would you feel a loss of identity; perhaps some of the competitiveness you enjoyed within your class would be missing; maybe you would stop checking results of other rogaines to see how YOUR group rivals are going; and just maybe a little of the esprit-de-corps and group interchange would be lacking at the post-rogaie socializing.

Now I am not trying to bring a tear to everyone's eyes and I am not whinging for the sake of it. Sharon and I enjoy the Vet category we are in; we've earned it. There is no way we'd go back to the pressures and intensities of youth. We just want you to know we are alive and well, and that there is still life and vigorous competition after 40, or 55.

This does not mean an extension of costs in any way. The first three teams to come in with the highest point scores overall, from any group, are always the well-deserving winners and should be rewarded as such.

Albie Arnott
Fishing Point

[I passed this letter to Stephen and he heeded the advice. Veteran categories are shown in the accompanying results, Ed]

RESULTS: PADDY PALLIN

BURRALOW - 4 JUNE 1995

Team	Score	Finish	O	M	W	X	VM	VW	VX	JS	F
10 John Roberts, Henry Roberts, Katrina Charles	530	2:57	83				29				
176 Stephen Craig, Kim Chick	530	2:52	84						8		
107 Dianne Van Netten, Bert Van Netten, Kim Van Netten, Jamie Van Netten	530	3:00	85								6
80 Jack Redfern, Jacqui Bridge	520	2:45	86			30					
108 Christopher Little, Catherine Little, Scott Charlton, Paul Spackman	520	2:51	87			31					
172 Rodger Austen, Robin Austen, Kate Austen	520	2:51	88								7
91 Alan Mansfield, Sonia Kupina	520	2:55	89			32					
139 Stuart Foulcher, Ross Innes	520	2:55	90	26							
86 Lisa Lampe, Nicola Smith, Mark Wright, Ewan McQueen	520	2:59	91			33					
198 Stewart Amery, Philippa Amery	510	2:57	92			34					
118 Lyn Gett, Thais Turner	510	2:59	93		6						
180 Peter Prendergast, Warwick Brennan, Chris Amison	510	3:00	94	27							
190 Heidi Pronk, Zig Peshos, Bob Boerabach	510	3:02	95			35					
69 Malcolm Hughes, Michael Course	510	3:08	96				9				
47 Betty Chen, Jenny Cush	500	2:48	97		7						
14 Mike Hanratty, John Oakley	500	2:53	98	28							
166 Kay Gollan, Trevor Gollan	500	2:55	99			36					
114 Peter Erlandsen, Don Johnstone	500	2:59	100	29							
158 Ian Turner, Geoff Bovard	490	2:56	101	30							
12 Paul Forster, Duncan Forster	480	2:49	102	31							
138 Peter Learoyd, Narelle Learoyd, David Learoyd, Cheryn Learoyd	480	2:53	103								8
171 Kerry Gilmore, Sandra Chapman, Joy Williams	480	2:57	104			37					
215 John Keats, Jennifer Borrell	480	3:05	105			38					
36 Sarah Tibbey, Mark Drinkwater	470	2:43	106			39					
95 Bryan Smith, Joe Dimauroi	470	2:46	107	32							
196 Bill Pigram, Peter Williams	470	2:57	108	33							
240 Eric Barnes, Nick Quinsey	470	2:59	109	34							
56 Patrick Driver, Wes Keys, Marita Sydes,	470	3:02	110			40					
214 Sue Jones, Hugh Jones, Keith Brama, Joanne Brama	460	2:45	111			41					
109 Peter Beresford, Sharon Oxenbridge	460	3:00	112			42					
81 Bill Gribble, Leslie Steinhaus, Sam Gribble	450	2:52	113	35							
209 Sally Walton, Paul Stevenson, Nick Symonds, Jenni Martin	450	2:57	114			43					
100 Su Lin Wong, Mike Weller	450	2:59	115			44					
128 Merv English, Tony Bond	440	2:19	116			10					
78 Karen Hunt, Sally Biddiscombe, Ian McNichol	440	2:46	117			45					
221 Mark Suters, Andrew Warner, James Johnson, Duncan, Sonia Roesler	440	2:51	118			46					
162 Damon Anderson, Craig Dolby	440	3:14	119							4	
199 Wendy Culshaw, Cathy Gleeson, Tony Rood	430	2:44	120			47					
135 Jennifer Neil-Smith, Melina Rohan,	430	2:54	121		8						
155 Tim Hebron, Colin Neate	430	2:58	122	36							
191 Belinda Dawes, Trent Woodcock, Robert Lisztes	430	3:05	123			48					
130 Reddall Leslie, Julian Leslie	420	2:33	124							9	
68 Natalie Vu, John Power, Andrew Selmes	420	2:58	125			49					
84 Fiona Gordon, Karen Reinhardt	420	3:00	126		9						
226 Tim Wainwright, Simon Mitchell	410	2:22	127							5	
217 Jeff Fair, Terry Welsh, Jane Gwalter, Wal Fletcher	410	2:53	128						9		
122 Sadie Gow, John Gow, Lauren Gow, Mitchell Gow, Peter Gow	410	2:54	129								10
115 Peter Kemp, Kathren Kemp, David Kemp, Holly Kemp	410	2:55	130								11
101 Terry Gainey, Susan Bellamy, David Rose	410	2:59	131			50					
230 Jim Ramsey, Phillips Watson, Janette Woodward	410	2:59	132			51					
28 Neil Kitchen, Gary Brown, Cindy Brown, Kate Irvine	410	3:00	133			52					
229 Glenn Hooker, Nicola Joyce	410	3:00	134			53					
31 Jeff Welch, Greg Welch, Gary Williams, Tony Vancov	400	2:58	135	37							
32 Robert Penfield, Jodie Varnai, Melami Reen, Doug Williamson	400	2:58	136			54					
189 Paula Sprigge, Andrew Dawson, Hayley Jeffrey, Stuart Mendel	400	2:59	137			55					
174 Garry Oughtred, Donna Morris, Steve Sontor	400	3:11	138			56					
5 Anthony Hunt, Melinda Hunt	390	2:19	139			57					
93 Clifford Liles, Leon Strauss	390	2:40	140	38							
13 Geoff Boshell, Lynne Boshell, Phillip Grainger	390	2:45	141			58					
110 Les Brandis, Judy Brandis	390	2:45	142							10	
231 Farohiza Hull, Pip Wright, Raelene Schotte, Mark Bowler	390	2:53	143			59					
90 John Stewart, Christopher Stewart	390	2:59	144								12
225 Phil Allen, Bob Bartle	390	3:05	145								
34 Angela Durie, Peter Davey, Brenda Durie, Ken Durie	370	2:34	146			60					
168 Graham Smith, Nicholas Smith, Heather Smith	370	3:08	147								13
177 Sue Le Carpentier, Dave Le Carpentier, Peter Le Carpentier	360	2:41	148								14
77 Peter Westwood, Phyllis Burrows, Geoff O'Rourke	360	2:49	149			61					
207 David Johnson, Simon Carson, Peter Scobie	360	2:52	150	39							
147 Julie Ross, Elissa Pinkerton, Mark Thompson, Pete Thompson	360	2:58	151			62					
234 Graham Turner, Kathryn Turner	360	2:58	152			63					
146 Bob McNaim, Melinda McNaim, Tony Fripp, Catherine McNaim	350	2:56	153			64					
89 Larry Hick, Daniel Hick, Joshua Hick	340	2:32	154								15
73 Richard Connors, Andrew Palmisano	340	2:47	155	40							
57 Harry Lamerton, Dennis Cummins, Sue Stewart	340	2:50	156							11	
59 Will D'arcy, Jeff Knox, Terry Kesby-Smith, Julie Pamaby	340	2:50	157			65					
75 Mary Ann Graham, Gillian Eales	340	2:50	158		10						
220 Peter Hardy, Andrew Houltram, Dianne Hardy, Sonia Zlanal	340	2:52	159			66					
88 Alan Barrett, Tania Barrett, Raymond Barrett, Chani Barrett	340	2:55	160								16

A LILYWHITE WRITES

If bright-eyed enthusiasm was going to be all that was required, we were going to be super-rogainers! The reality was, however, that being able to use a compass (eg. knowing in which direction the red end was supposed to point) would have helped! Lack of expertise notwithstanding, our first rogaire proved such an adventure we can hardly wait to go again.

Joining a new 'tribe' can be a daunting experience, but in this case we found everyone to be delightfully friendly and helpful. Poses of novices were very kindly pointed in the right direction by more experienced persons, but the joy of finding a control unaided was indescribable. When we did find one towards the end of the day (#24) the yelp of victory brought many other searchers out of the bushes in a last grab for points. Blundering around looking for control 26 we heard someone muttering that it was 'on some boulders above the track'. How did they know we wondered? We finally twigged that we should read the instructions.

The food at the end of the day was very welcome and absolutely delicious. As we watched people storming back over the finish line in various states of grubbiness, dampness and exhaustion, one of my shocked team mates said ... "Look at these people! We've still got our lippy on!" We did feel at that point that we had had a rather ladylike rogaire, but we promise to do better next time!

An absolutely five star event on every count. One small suggestion would be that perhaps there could be a pre-event evening or somesuch to give novices some instruction in the use of the compass, and general map reading skills.

Shona Smith

RESULTS: PADDY PALLIN

BURRALOW - 4 JUNE 1995

Team	Score	Finish	O	M	W	X	VM	VW	VX	JS	F
160 Therese Moylan, Derek Rigler, Jacqui Stewart, John Kennedy	340	2:57	161				67				
204 Debbie Hotchkis, Mary-Kate Pickett	340	3:00	162		11						
21 Phillip Smith-Hill, Noelene Marmont	340	3:03	163						12		
8 Sarah Lam, Maggie Shepherd, Leowyn Filewood	330	2:46	164		12						
87 Linda Mallett, Paul Haynes, Anne Carter, John Archibald	330	2:46	165			68					
163 Geoff Taylor, Rachael Taylor, Jodie Dennison	330	2:50	166			69					
241 Tony Fripp, Melinda McNaim	330	2:53	167			70					
144 Nick Coppins, Gareth Sole	320	2:22	168							6	
184 Alan Murphy, Pauline Godfrey, Michael Godfrey, Mr Harte	320	3:06	169							13	
27 Maurice Bloom, Barbara Ellis	320	3:17	170							14	
202 Herb Lippmann, Fred Zettele, Natalie Lippmann, Tanya Lippmann	310	2:32	171								17
153 Judy Chapman, Ken Chapman, Lyn Cirulis	310	2:34	172							15	
3 Gray Hourigan, Brian Harris, Gordon Mills	310	2:37	173	41							
185 Robert Murphy, Jyotish Kumar, Trevor Harte, Ian Harte	310	2:42	174							7	
39 Neil Robinson, Robert Lewis,	310	2:45	175	42							
33 Russell Cail, Steve Hooper, Ken Sasaki	310	2:47	176				12				
232 Grant Brennan, Alison Fenton, Natalie Brennan	310	2:49	177								18
29 Jane Drummond, Iain Thomas, Sarah Elgafi, Antoinette Abraham	310	2:51	178			71					
30 Sean Duncan, Yvonne Chow, Kanda Sangthongpitag, Somchit Jiaviriyaabonya	310	2:55	179			72					
173 Erin Barr, Lachlan Hinwood	300	2:46	180							8	
25 Belinda Foster, George Foster, Paul Stein, Debbie Stein	300	2:51	181			73					
63 Rob Wheen, Rosemary Wheen	300	2:59	182						16		
239 Anne Smith, Matthew Smith, Lachlan Smith	290	3:12	183								19
145 Marian Coppins, Nina Sole, Anne Thomson	280	2:48	184		13						
105 Ben Zipser, Jane Greenop, Ray Jenkins, Paul Green, Lisa Hysett	270	2:34	185			74					
123 Wayne Fietz, Michele Bartho, Carol Nance, John Brustolin	270	2:51	186			75					
42 Gail Barr, Barbara Chapple, Annelie Chapple, Sandra Souter	270	2:55	187		14						
132 Andrew Cox, Amanda Cox	260	2:53	188			76					
211 Paul Bonnefin, Steven Hawkins, Belinda Thomas	260	2:56	189			77					
141 Trent Whalan, Jeremy Coutanche, David Bell	240	2:45	190							9	
140 Michael Bell, Glen Cole, Christian Meierhofer	240	3:00	191							10	
113 David Griffith, Renate Griffith, Emma Griffith, Thomas Griffith	230	2:32	192								20
218 Steve Harrison, Kitty Harrison, Glen Harrison, Gillian Harrison	220	2:33	193								21
18 Joy Spark, Phil Spark, Benjamin Spark, Amy Spark, Edwin Spark	220	2:58	194								22
22 Sandra Kemp, Tony McLeod, Richard Beecham, Mark Simons	220	3:14	195			78					
200 Chris Mlynarik, Scott Smith	220	3:19	196	43							
193 Carolyn Wells, Rob Dobner	220	3:35	197			79					
238 Karen Lowery, Andrea Matson	200	2:45	198		15						
186 Matthew Bell, Scott Cooper, Stewart Brown, Andrew Bugeja	200	2:52	199								11
212 Wanda Bonnefin, Janine Taylor, Laura Heywood, Michelle Taylor	200	2:56	200								23
228 Laurie Smith, Angela Smith, Frances Smith	200	2:59	201								24
96 Allan Ramsay, Barbara Nudd, David Nudd, Micheal Ramsay	200	3:09	202			80					
62 Rosemary Seberry, Joanne Vanderstok, Julie Garrard	190	3:11	203		16						
183 Alison Parr, Lea Newman	190	3:17	204		17						
150 Chris Wyllie, George Wyllie, Andrew Wyllie	180	1:31	205								25
161 Shona Smith, Catherine Palmer, Jennifer Van Gorder	180	2:30	206					2			
24 Susan Berry, Judy Cotterill, Elaine Spaine	180	3:02	207		18						
210 Donna Bonnefin, Cheryl Morrison	170	2:41	208		19						
9 Vicki Cooper, Graeme Cooper	170	3:10	209							17	
74 Carol Stevens, Jeremy Stevens	150	2:51	210			81					
116 Paloma Llamazares, Paul Jennings, Heidi Fernandez-Llamazares	150	2:51	211			82					
137 John Wilmott, Arthur Durham	140	2:48	212				13				
159 Bob Morgan, Michele de Vries, Alison Mott	140	3:17	213			83					
126 Jude Meacham, Megg Wolnizer	130	1:00	214		20						
79 Gabriel Mackenzie, Janet Sculfer	130	2:09	215								26
167 Lindsay Young, Brendan Young, Thomas Young	110	2:38	216								27
67 Chris Thompson, Wendy Thompson	60	3:35	217			84					
19 Peter Teasdale, Bernadette Teasdale	60	3:40	218			85					
16 Eleni Taylor-Wood, Eve Steinke, Antonia Mundt, Noelene Savage	50	3:26	219		21						
192 Lynn McCraig, Melissa Ward	0	3:36	220		22						
94 Sam Macri, Bronwyn Dewar	-10	3:37	221			86					
124 Greg Miller, Nick Bojda, Scott Bartho, Jodie Bartho	-70	3:48	222								12
224 John May, Bruce O'Brien	-130	3:59	223	44							

Categories: Open, Men, Women, miXed, Veteran Men, Veteran Women, Veteran miXed, Junior/Scouts, Family

How Can RWP's Avoid DNEs?

What do I find to be the most difficult aspect of rogaining?

- steep hill climbs;
- night-time navigation;
- blackberry bushes;
- contouring around the tops of gullies; or
- keeping alert whilst driving home after the event?

None of the above. Oh, I find all of these difficult, but the thing I find most difficult is finding a partner [am I that bad a rogainer or has everyone heard of my penchant for chocolate and anchovy sandwiches?]

I, like most rogainers, want to do the best I can on the course. Thus, as is the case with any team sport, I want a partner (or partners) who:

- has skills which complement and match mine; and
- has a similar approach and level of fitness to myself.

Finding a partner can be a daunting task:

- which other rogainers are looking for a partner?
- how do I get in touch with them?
- if I make contact with someone how do I persuade them to ignore those ugly chocolate and anchovy sandwich rumours?

These difficulties have lead me, all too often, to the worst of all possible rogaining results - the DNE (Did Not Enter). Nothing in the sport of rogaining, blackberries included, is more heartbreaking than the DNE.

Are there other RWP's (Rogainers Without Partners) who sometimes:

- don't rogain;
- rogain with a partner who is less than an ideal fit (eg. a peanut butter sandwich eater); or
- would just like a change of (or additional) partner from time to time?

I suspect there are, and therefore recommend that we set up a Register of Rogaining Partners. That is, a register of people who may, from time to time, be interested in teaming up in a new partnership.

The register could contain the basic contact details and a description of the person's rogaining preferences. RWP's could then peruse the register (or contact its editor) to find a possible partner for that next rogain.

(continued next page...)

IN CONCLUSION...

AVOIDING DNEs

(continued from page 13)

The register could be achieved simply by:

- adding a couple of columns to our Membership List; and then
- distributing this List with the Newsletter.

A sample set of entries are shown in the accompanying table.

Armed with this list, RWPs could contact other RWPs who are looking to do a similar event and hopefully, together, avoid the dreaded DNE.

Name, Phone, Address, etc.	Available for New Team	Preferred Event	Preferred Section	Expected Placing (quartile)
xxxxxxxxxx	*	24 hour	Mixed/Women	2nd 25%
pppppppppp	*	12 hour	Junior	1st 25%
mmmmmmmmmm	*	6 or 12 hour	Men	4th 25%

I appreciate that keeping the list up-to-date involves some work. I would be happy to maintain the list (or help the Membership

Officer to maintain the list) if it's thought to be an idea worth trying.

Guy Jarvi
Bondi

ARA PERSPECTIVE

(continued from page 8)

I do have a problem with a fifteen in twenty-three hour event, or any one of its similar variations, being held in conjunction with the Australian Championships. This is because teams that are in such an event are really in the twenty-four hour event anyway. The fact that they don't stay out for the whole time means nothing. The great majority of teams in a twenty-four hour rogaine don't stay out the whole time either. The existence of such an event just multiplies the number of categories by a factor of two, splits up the field and devalues the real event - which is, after all, the Australian Championships.

Advance Information

Quite a few people have complained to me that we do not provide enough good information in advance about rogaing areas. I agree with these comments.

Probably one of the worst aspects is a misfounded desire to make rogaing sites a secret, something which reached ridiculous heights at the first World Rogaining Championships. It was OK for we travellers from the west, but I know I would have been very annoyed if I had driven from the north past Beechworth to Benalla only to be told to go back to Beechworth. It would be far better to publicise the sites of big rogaines in advance and institute a system of embargoes similar to that used in orienteering. For this reason, I note with approval the decision of the organisers of the Second World Rogaining Championships to make public the location of the event.

Aside from this I think a detailed description of such factors as steepness, vegetation thickness, and possible difficult river crossings would certainly help in building up anticipation prior to a rogaing. It would also help with gear selection and in the course planning stage, making rogaines fairer events.

The Hash House

The Hash House has two very important functions in a rogaing.

First it is there to ensure fair competition. Competitors visiting the Hash House are entitled to expect to be able to obtain hot food quickly, whether they visit at 8.00 in the evening or at 4.00 in the morning. Unfortunately there have been times when I have visited a Hash House in the middle of the night to find that there is no hot food available. This means that a team either has to hang around and wait, or go without, both of which can affect its competitiveness.

Such a situation is unforgivable and should not happen.

The second (and probably more important) function of the Hash House is to function as the social centre of the rogaing. It should be easy for people to hang around the Hash House, to meet each other and to talk. This happens if the hash-house is more of a "servery" with an adjacent open area, rather than a closed cell. It is a good idea if some amount of seating can be provided, and, at the end of the event, if the presentation can be conducted in this area.

On a purely organisational point of view it is better to allow people to serve themselves as many things as possible (eg bread, cake, fruit salad, fresh fruit, hot drinks) and only make people line up for food if there is a good reason. A personal low point of the recent Australian Championships occurred at the end of the event when I had to line up for a cup of coffee behind a lot of people who wanted hamburgers. When I got to the front of the queue I had to hold out my cup while someone spooned in a teaspoon of coffee and filled my cup from a kettle. This might sound trivial, but it really annoyed me at the time, and would have been easy to avoid.

The Presentation

The presentation is a very important part of a rogaing. It is where people's efforts are recognised and acknowledged. Just about everybody whose name is read out at a presentation gets a thrill out of it. The most important thing about a presentation is that the presenter should enjoy doing it. Some people like talking in public and some people don't. The presenter should always be someone who does. Usually there will be someone involved in setting, vetting or administration who qualifies and it should be this person who gets the job.

I am a strong advocate of the system that is used in Western Australia and South Australia where scores are not published before they are read out, and every team gets their score read out starting from the lowest and culminating in the highest, and where individual placegetters are read out as their turn comes in the overall sequence. Doing this doesn't take as long as you might think. It gives the opportunity for the presenter to recognise the achievements of teams who may not be placegetters (eg the five-year old who walked ten kilometres, or the second-timers who doubled the number of controls that they got

last time) and to tell the funny stories that always occur. With such a system there is tension as the current score mounts, something which provides a fitting climax to the rogaing.

In some of the eastern states, final scores are published on tiles as happens in orienteering. I think this is a bad practice. It removes the tension that I talked about above. Also, if tiles are put up before the end of the rogaing, it is expressly against the rules of rogaing. I know of at least one team at this year's Australian Championships who checked their rivals' final score before deciding whether to make a last dash for a close-in control.

There are obviously other important parts of rogaing organisation which I haven't touched on here. I'd like to encourage a debate on this and would be very happy to see other people write in with thoughts on any issues which they consider important.

Peter Taylor
President
Australian Rogaining
Association

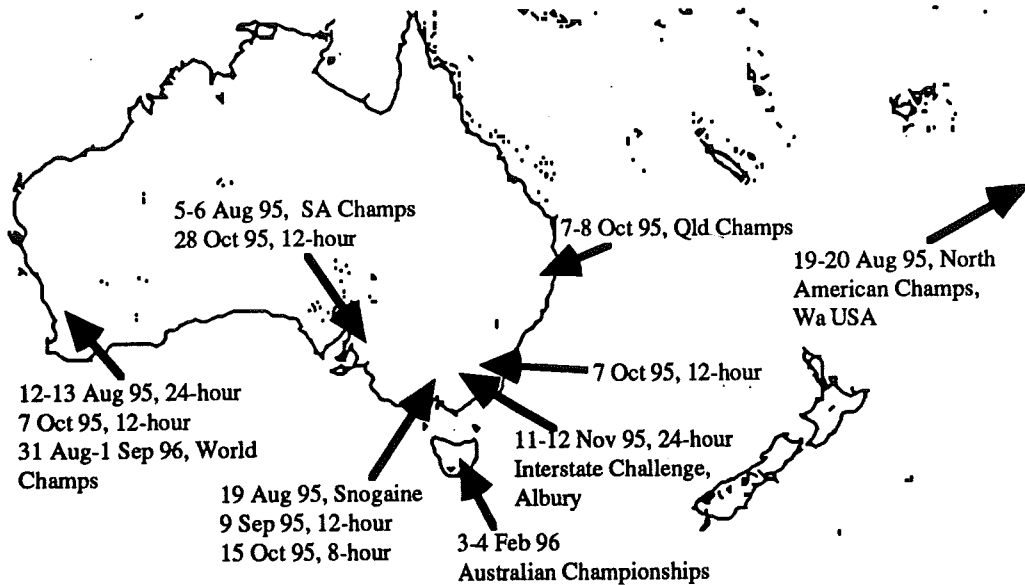


THE FAR SIDE

By GARY LARSON

IF YOU'RE TRAVELLING...

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ACT	David Singleton	06 248 7142
Qld	Eric Andrews	07 268 3338
SA	Gary Jackson	08 258 5696
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Vic	Tineke Sydekum	03 9890 4352
WA	Bryan Hardy	09 342 7692



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N.S.W. Rogaining Association Incorporated (incorporated under the Associations Incorporation Act, 1984)

I,(full name of applicant)

of (address)

..... (town & postcode)

..... (hm/phone) (wk/phone) (fax/email)

hereby apply to become a member (or renew membership) of the abovenamed incorporated association. In the event of my admission as a member, I agree to be bound by the rules of the association for the time being in force.

I also nominate the following persons, of the same address as mine, as members of the abovenamed incorporated association.

1. 2. 3.
4. 5. 6.

Signature of applicant Date

Make cheque of \$10 payable to NSW Rogaining Association and send to:

Membership Secretary NSWRA
Graeme Cooper
Cluny Rd MSF2005, ARMIDALE 2350

If the name and/or address on the label is incorrect, please fill in this form and return to
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